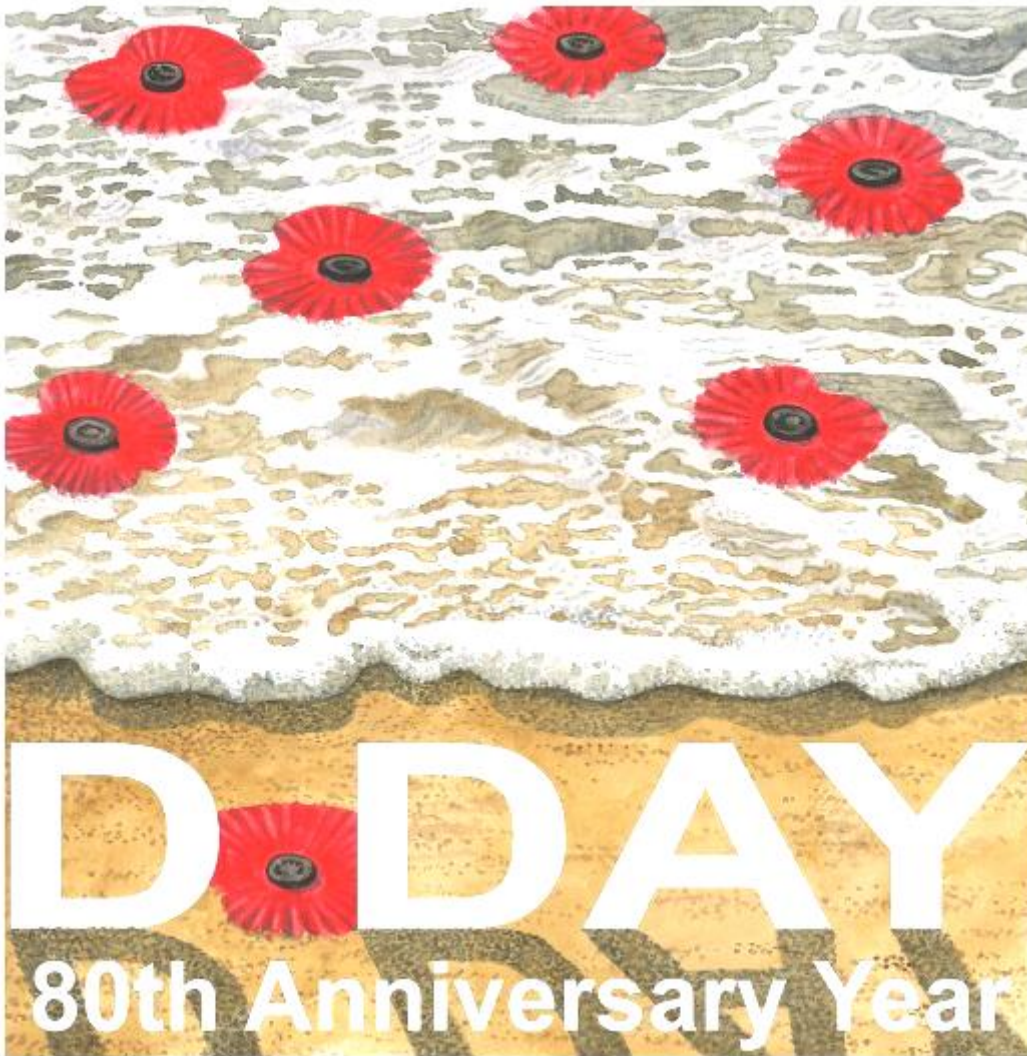


Trinity Times

The Parish of Holy Trinity Church , Barkingside

Holy Trinity is a lively, Family-Friendly Church. We have a Heart for the Common Good, seeking to make Jesus Christ known in Barkingside

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Szejmann**

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**10 Nov -
Remembrance Sunday**

**24 Nov 'Christ The King'
Sunday**

**30 Nov Sat - 10am -
Carols in Tiptree
Estate**

Who We Are

Holy Trinity Church, Mossford Green, Barkingside, IG6 2BX

We are a lively, Family friendly Church
with a Heart for the Common Good, and want to make Jesus
Christ known in Barkingside

Our Services

Sunday 10:30am & Wednesday 9:45am

The Church is open for Private Prayer, and as a Welcoming Space Monday,
Wednesday and Friday 10am - 12noon, and you are Welcome to Join us at our
Tuesday Drop-In 9am to 1pm in the Parish Hall

Vicars letter - Rev Kate Szejnmann

How often do we imagine what another person's life is like, if we don't metaphorically speaking, 'climb into their shoes?'

Why would we want to do that anyhow?

But as disciples of Jesus, we are encouraged to think less of ourselves and more of others as we serve God. Plus, we have God's Holy Spirit to reveal, show and convict us of the ways of God and his heart for the lost, least and last.

In our love and worship for God we declare his wonder, his majesty, his power and love, his glory. At Holy Trinity church, we love to worship and sing Gods praises.

Recently, one of our lectionary readings was Psalm 104. What particularly struck me were verses 1 & 2.

¹ Bless the Lord, O my soul.

O Lord my God, you are very great.

You are clothed with honour and majesty,

² wrapped in light as with a garment.

You stretch out the heavens like a tent.

The psalmist structures this 'song' around the creation (which links in Genesis 1), and how marvellous the creator is. He talks of Gods honour and majesty and is described as wearing a cloak that surrounds him with light; light being seen by many, light known as purity, light being a splendid image of beauty and wonder. Light, the place where Gods dwells. This is very reminiscent of Christ's transfiguration in Matthew 17.2 where 'he was transfigured before them and his face shone like the sun' and his clothes became as white as light.

In verse 2 the psalmist speaks of Gods creative power, creating the vast heavens; an impressive image that the God of the universe creates perfectly and beautifully. Likened to the image of a tent cloth stretched wide above the earth. How great is our God.

How can we draw close to God and do his work on earth? Well, God's creation is all around us and we need to 'open our eyes'.

You may have seen a green tent dangling from the church rafters of late. It drew our attention to 'Homelessness' and a service we held. What else is there to say around this? Some of you might say you are hardened campers and love a good holiday beneath the tent covers, come rain or come shine. Others may have a history of music festivals, equally roughing it to sleep in a tent, which you might even dispose of after!

Others may cringe at the sight or smell of a tent. The reminder that you may feel rather unclean in a tent, with no running water, or not enough leg room. Why would



anyone want to spend any time in a tent? Some have no choices.

How did you feel when you saw the sight outside St Pauls cathedral a few years ago when the protesters literally 'camped' outside? Hundreds of small tents cover to cover.

Revd Ian Harker, of the Holy Trinity Church from Leytonstone, says the conditions of many people living in the borough is what inspired him to become an enthusiastic supporter of the 'occupy' protests outside St Paul's Cathedral. Standing for social justice; when many families don't have enough to live and flourish well, living below the poverty line, paying extortionate rents to private landlords, low wages, lack of funding for 'drop in centres for the vulnerably housed and homeless and for youth to hang out in a safe place. Plus, the environment and the lack of heart, resources and creative initiatives to restore it.

The tent is an uncomfortable image, especially hanging in a church amidst the beauty of stain glassed windows, let alone as part of a protest. We recognise that we live in a broken world. It makes us squirm, perhaps feel repulsed, perhaps it convicts us that Gods creation and his creatures (that's us), are worthy of him and he calls his disciples to raise awareness for all that he has made.

Maybe the 'tent' will change the way you pray. Maybe the 'tent' will give you God's heart to love the broken, displaced and poor. Maybe the 'tent' will lead you to repent and ask to be cleansed by the waters of his Holy Spirit?

Hopefully the tent will be the glorious reminder of the Creator God, clothed in majesty and honour. Stretching out the heavens like a tent.

Perhaps what God's Spirit is saying, is that the tent, or indeed a 'temporary home' for some, is the nudge to us, that God can be our 'home'. He is the sanctuary in which we can dwell. And once we get to the 'heimat,' or home-coming, then we are in a good place to lead those, bereft of that, to walk with us and find it.

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The Church of England
in Essex and East London
Diocese of Chelmsford

Rt Revd Dr Guli Francis-Dehqani, Bishop of Chelmsford
Bishopscourt, Main Road, Margaretting, Ingatestone, Essex CM4 0HD
01277 352001 Bishop.Chelmsford@chelmsford.anglican.org

25th October 2024

Dear Friends,

You will be aware, I'm sure, that Parliament is preparing once again to debate the topic of assisted suicide. MPs last voted on assisted dying in 2015 and that bill was rejected by a significant majority. Now, Labour MP, Kim Leadbeater, has brought a Private Members Motion – The Terminally Ill Adults (end of life) Bill - which is due to be debated in the House of Commons on 29th November. The text of the bill has not yet been published, but its title states that it would "allow adults who are terminally ill, subject to safeguards and protections, to request and be provided with assistance to end their own life".

I'm aware that this is a hugely emotive subject and, as the media attention turns more towards Westminster, many of us will find ourselves reflecting on our own experiences, both in ministry and in our personal lives, as we have watched, waited and prayed by the bedside of those approaching the final stages of their life. We may well also be asking, what, if anything, is the role of the Church in this debate.

Not all of us will agree on this matter. There is most probably a wide range of views as we are each likely to have been shaped by our own experiences. The questions are immensely complicated and there may well be those who are not entirely sure what they think. In this context, it feels important to share with you my own thoughts and to say that, as I've reflected on my experiences, I have found myself increasingly concerned by the moves towards legalising assisted suicide. I have pondered, in particular, on memories of my mother's death almost exactly eight years ago in October 2016. She had moved in with us three months earlier and we did our best, together with the NHS end of life care team, to support her in the final stages. As the end grew nearer, it was a painful time but also one that included moments of joy and blessing. Looking back, I recall how difficult it was, not only watching my mother grow weaker but seeing her suffer. And yet, it was also a privilege to be alongside her in that way – it strangely strengthened our relationship and I learned a great deal about my own capacity (and indeed my shortcomings) for being tender and gentle in the face of such vulnerability.

You may well remember that in recent times General Synod has twice voted (in [2012](#) and [2022](#)), with a significant majority, against legislation for assisted suicide. Christian opposition has always been rooted in concern for the welfare of those who are most vulnerable in society – the elderly, those living in poverty, those whose disabilities may put them at greater risk, those in coercive or abusive relationships, those who might feel pressured into making a decision because they feel they are a burden to others.



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I have no doubt that everyone in this debate is motivated by the desire to alleviate suffering and that we would all want to see improvements in palliative care whatever the result of the parliamentary vote. And, here, I want to pay tribute to the extraordinary work of the hospice movement and especially to thank those hospices that operate within Chelmsford Diocese. Hospices provide space in which medical expertise combines with deep and compassionate care, to help those who are terminally ill (and their loved ones), find the support they need as they approach death.

For now, it's important that we continue listening to medical experts and go on weighing up international evidence on assisted suicide. In British society we don't often talk about death, but can I encourage you, please, to discuss these issues in your churches, read about them and, of course, pray about them, asking for God's grace and wisdom, especially for those charged with making difficult decisions. (There are a list of resources included at the end of this letter.) If you are moved to act, amongst other things, do please consider writing to your local MP, expressing your thoughts and concerns.

Regardless of your views and where your deliberations may take you, please be assured of my prayers as, together, we continue reflecting on what it means to minister to the sick and prepare the dying for their death. May we all come to a deeper understanding of the God who loves us, holds us through times of joy and sorrow and accompanies us through death, into life eternal. Please let your Archdeacon, Area Bishop or myself know if you need any pastoral support in relation to these, or indeed other, issues.

This comes, as always, with my gratitude for our shared ministry and with assurance of God's blessing.

Yours,

+ Guli

The Rt Revd Dr Guli Francis-Dehqani
Bishop of Chelmsford

Further Resources

A Guide to Terminology

1. [David Albert Jones, Defining the Terms of the Debate](#)

Overviews of assisted suicide:

1. [Anscombe Centre for Bioethics](#)
2. [Care Not Killing](#)
3. [Living and Dying Well](#)



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Historical Gems from Bronwyn Klimach

I've been looking over some old notes...

A History of the County of Essex: Volume 5 The Borough of Ilford

"The movement for a new parish church at Barkingside began in 1838, when a petition was sent to the Church Building Commissioners by inhabitants of Ilford, who promised to raise £1,000 for the purpose. The petition stated that the people of Barkingside were 'very destitute and degraded' owing to the temptations to which they were exposed by the proximity of the forest, the nature of their occupations, and their visits to the London markets.

The local landowners, who were non-resident, were said to take little interest in the inhabitants. The only place of worship in the district was the private chapel at Aldborough Hatch. The commissioners agreed to give £350 towards a church, and a site was given by the owners of Gaysham Hall.

The building was completed in 1840, and in 1841 Barkingside became a district chapelry. The new benefice was a perpetual curacy, in the gift of the Vicar of Great Ilford. In addition to the money spent on building the church, £1,455 had been invested as an endowment, a tithe rent charge of £45 was allotted from the vicarage of Great Ilford, and 20 a. of glebe were provided..."

Bron.

1st November - The first martyrs, the 'seed' of the Christian Church

The first martyrs of Rome are recorded in the old Roman Martyrology, which states that:

'At Rome, the birthday is celebrated of very many martyrs, who under the Emperor Nero were falsely charged with the burning of the city and by him were ordered to be slain by various kinds of cruel death; some were covered with the skin of wild beasts, and cast to the dogs to be torn asunder; others were crucified, and then when daylight failed used as torches to illuminate the night. All these were disciples of the apostles and the first fruits of the martyrs whom the Holy Roman Church sent to their Lord before the apostles' death.'

2nd November - All Souls' Day, a time of reckoning with the past

The early Church was slow to dedicate a liturgical day to offering prayers and masses to commemorate the faithful departed. But in time prayers were offered on behalf of dead monks, that they might attain 'the Beatific Vision' through purification, which the Church later described as Purgatory. Odilo, the powerful abbot of Cluny, (d 1049) decreed that All Souls' Day should follow the feast of All Saints' Day.

At least four ancient English dedications are known, the most famous of which are All Souls College, Oxford and the church in Langham Place in London.

In bygone centuries All Souls' Day was certainly uncomfortable for anyone who had wronged a person who had then died. For it was believed that souls in purgatory could appear on earth on this day, in the form of ghosts, witches or toads, to haunt anyone who had wronged them in life.

On a more cheerful note, it was also believed that you could help the dead on this day by almsgiving in cash or in kind. Some of these beliefs seem to have been caught up in the popular customs of Hallowe'en.

When the Reformation came, the Protestants disregarded the idea of Purgatory, and this feast day remained with the Roman Catholic Church.

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Autumn in Paradise? Stephen Gilson

Autumn is a season close to my heart. Particularly because my birthday falls in late October and is usually in the school half term and is when the clocks go back. Trees and bushes change colour as their task is done.

It's when we start new things and return to work after holidays. A time to measure what we have sown, and what we have reaped. It is a time when we face new challenges and children go (back) to school. We can start afresh, as the Christian year concludes and we start thinking about our Lord's return in the run up to Christmas.

Harvest gives us a chance to look back and appreciate the gifts given so freely by our God. We do not deserve this bounty. The food on our tables and in our cupboards tells us that we have come through another year safe and sound. In days gone by, people would have taken the opportunity to give thanks and start again.

Nowadays, we don't take time to appreciate what we have. We spend so long gathering that the next goal must be self-sufficiency, where we can sit back and do nothing. Society today doesn't need God or his bounty because those things can't be replicated and collected. We are so busy chasing dreams we don't have time for the here and now.

We live in a pressurised world where such luxuries have been overtaken by the Corporate economy. No longer the storeroom keeping things for leaner times but the constant pressure to have more, and more importantly, more now. The big corporations are always looking for new angles and short cuts to success. We still have choices, supermarkets ever keen to sell us stuff and provide us with better standards of living.

Does this bring us closer to God? We become drones feeding the rapacious appetite of the economy. The individual gets caught up in the hype and some fall out and may or may not be caught by the safety nets we are told about. Everything has a cost, and the challenge is to redistribute resources to those who need them. These things are managed with spin, and we have got to the stage that it is a choice of which set of promises is the more convincing one not the delivery.

The new Government is trying to put a positive message across, and proposing a new way forward, bringing more prosperity, better housing (and so it goes on). Where does the money come from? Higher bills greater demands on people's time and energy we must be mindful of people less fortunate than ourselves. Working people holding on to their jobs in turbulent times, elderly people seeing reductions in their living allowances, young people facing pressures at school and at home, drugs and knife crime. These are not gifts of the Harvest, of the simpler lives we remember so fondly of yesteryear. The drive for smaller government/administration means that we get less for less (allegedly) (It would be quite wrong to suggest less for more).

Focussing on those most vulnerable will have its opponents, because the people that would need to pay more for the refugee and asylum seeker will question the right of these people to live on "our savings"

The rise in the use of foodbanks is a national disgrace, particularly if working people feel they need them. We have some capacity to reach out to them and to help meet their needs, be they economic or social, to show them a crack of light on the horizon, where in our own way we can spread some of the light that Jesus brings back into the world. In our own way we are involved in this through the Redbridge Food Bank and the Tuesday drop-in, and the leadership of the churches and other religious communities should inspire us with a passion to help our neighbours.

If nothing else, we should be like the judge in the story in St Luke chapter 18, who ended up doing the right thing just because it stopped the widow seeking justice from going on and on at him, likewise the neighbour who provided bread to get rid of the character wanting to feed relatives

arriving at his home.

It is all too easy to look the other way or pretend that people in need are workshy layabouts above whom we soar as redeemed people of God. I discovered (as I have got older) that truth and need are relative and thinking oneself better than another is not just foolish, it is sinful too. We used to say people are good, bad and indifferent. Ours is not to judge.

To misquote Sir Joseph Porter KCB (from the Gilbert and Sullivan operetta HMS Pinafore “Love is a platform upon which all ranks meet”. The tale is twisted (to fit the plot)” it [love] does [level all ranks] to a considerable extent, but it does not level them as much as that”.

We are all sinners and no-one is worthy to stand in the presence of God and there are no places in a queue. All we can do is trust in our Redeeming Saviour and try to keep to the teachings of Jesus. I recall a friend telling me he didn't go to Church because it is full of hypocrites. I said in response that he may well be right, but at least we are trying to improve our lives and the lives of others.

New Term, new start?

6th November – Illtud, patron saint of NGOs?

Not many people have heard of Illtud, but perhaps we should make him the patron saint of all Christian NGOs (Non-Government Organisations) who work in emergency and famine relief.

Illtud did not set out to be an action hero – he was a gentle and learned abbot heading up a monastery in Glamorgan. Illtud spent his days reading the Scriptures and philosophy. Yet the year that famine struck the coast of Brittany, Illtud put down his parchments and became a man of action.

Illtud issued what must have been one of the earliest ‘emergency relief appeals’, and was able to collect a great deal of corn. Illtud loaded this corn onto several small ships, and set off across the perilous Channel in order to save the people of Brittany. Perhaps he had in mind the words of Christ: “I was hungry, and you fed me...” (Matthew 25:35)

Certainly, the people of Brittany never forgot Illtud's kindness towards them: even today some Breton churches and villages bear his name. Many churches in Wales are also dedicated to this compassionate man.

New report highlights progress on Church of England's ambition to reach net zero carbon

More than £20 million has been allocated so far to dioceses to help support parishes and schools to reduce their carbon emissions, according to a new report.

The first Net Zero Carbon 2030 Impact Report highlights the impact of the Church of England's Net Zero Programme since it was mobilised last year. The ambitious programme aims to equip, resource and support all parts of the Church to reduce carbon emissions from the energy used in its buildings and schools and through work-related transport by 2030.

The interactive online report, covering the period from January 2023 to March 2024, reveals:

- £14.5 million projects and grants have been established. £6.5 million projects funded and grants signed. 100 retrofit surveys have been completed on clergy and retired clergy houses
- A £2.4 million 'Quick Wins' fund has been launched for dioceses to help parishes with small scale projects such as LED installations, pew heaters or double glazing

10th November - The poppies of Remembrance Sunday

In late 1914, WW1 erupted across Northern France and Flanders. Great swathes of previously green fields and forests were blasted and bombed, leaving them bleak and barren, with seemingly every living thing destroyed.

But then in the Spring of 1915, something beautiful began to come out of all the destruction. Tens of thousands of bright red Flanders poppies began to put out tentative shoots across the endless vistas of mud. These resilient little flowers had actually flourished in the middle of so much chaos and destruction, because their seeds grow when exposed to sunlight, through disturbances to soil.

We all know that these endless fields of cheerful poppies, growing in the midst of such misery and destruction, were what inspired the Canadian doctor, Lieutenant Colonel John McCrae, to write the now famous poem 'In Flanders Fields'. And it was McCrae's poem which inspired an American academic named Moina Michael to adopt the poppy in memory of those who had fallen in the war. She got it adopted as an official symbol of Remembrance across the United States, and worked with others who were trying to do the same in Canada, Australia, and the UK.

A French woman, Anna Guérin who was in the UK in 1921, caught the same vision, and planned to sell the poppies in London. There she met Earl Haig, the founder of the Royal British Legion, who was persuaded to adopt the poppy as its emblem in the UK. The Royal British Legion, which had been formed in 1921, ordered nine million poppies and sold them on 11 November that year. Ever since then, the red poppy has been a symbol of Remembrance, of support for the Armed Forces community, and also of hope for a peaceful future.



Should Christians go to war?

Have you ever wondered how people of peace, like Christians, can contemplate the use of force? Certainly, the violence of the first quarter of the 21st century is staggering. Terrorist activity and military conflict worldwide – the resulting loss of life is never be something of which the human race can be proud. No wonder such mayhem causes us distress – and this distress should ideally drive us to prayer.

1. Do we believe in the validity of punishment? The answer, surely, must be Yes – if there is such a thing as objective truth and a given morality by which human life is ordered. If this were not so, we would have to remove from our vocabulary such words as 'reward', 'merit', 'justice' and even 'forgiveness'.

Punishment is not a popular word in circles that dislike the language of retribution, and who speak rather of 'corrective punishment'. However, St Paul said that secular authority is "God's servant, an agent of wrath to bring punishment on the wrongdoer." (Romans 13:4, NIV). So, the treatment of wrongdoing must have a retributive element in it, if it is ever to be corrective.

2. Is there a difference between force and violence? The use of force is the disciplinary exercise of lawful authority – as seen, for example, in a well-run police force. This is a valid part of God's order. St Paul said: "Everyone must submit himself to the governing authorities...he who rebels is rebelling against what God has instituted..." (Romans 13:1,2 NIV)

Of course, 'force' can become 'violence' under a repressive authority. Revelation 13:5-8 depicts such authorities as a blasphemous "beast". Then the call can indeed be for civil disobedience. The earliest Trades Unions themselves were begun through Christian influence!

3. Do we assent to the depravity of the human heart? People are selfish. We can't be trusted to behave well towards others. So, our societies need to agree rules for our order and survival. Without such restraints, and the power to apply them, chaos and anarchy are the result.

A Christian is called to shun all violence, but to also be committed to the disciplined use of force. Sadly, a lot of muddled thinking takes place (especially during times of international conflict) when the debate fails to take account of the difference between violence and force. Force is concerned with the upholding of law. Violence is concerned with the overthrow of law.

13th November - Frances Xavier Cabrini, first 'saint' of New York City

In the aftermath of the terrorist attack on America in 2001, many Americans were seen to be 'saintly' in their brave attempts to help save lives. But Frances (1850 – 1917) was the first citizen of the United States to be officially canonised as a saint – by Pope Pius XII in 1946. She founded the Missionary Sisters of the Sacred Heart, and worked among orphans, children and the sick of New York.

24th November - the excitement of the Sunday of Christ the King

The last Sunday in November is the last Sunday of the church year, and in some ways the most important. Why? Because everything else in the Christian year looks BACK on what happened 2000 years ago. The Sunday of Christ the King looks FORWARD to what we can expect next.... the return one day of Jesus Christ to this earth, as King of Kings.

Does the idea of Jesus of Nazareth literally returning to earth seem a bit quaint to accept, in our computerised world of e-mails and the internet? Well, that is what the Bible says will happen – *it is promised more than 250 times!*

The Bible is quite clear: the return of the Lord Jesus Christ as King of Kings will take place personally, powerfully, bodily, visibly, publicly – and INSTANTLY. (Read Matthew 24:30,31, or 1 Thessalonians 4:13 – 5:3.) Here are words of Jesus Himself:

For the Son of Man in his day will be like the lightning, which flashes and lights up the sky from one end to the other. (Luke 17:24)

This will be no local story for a BBC TV reporter to cover if he gets time. That day he won't be interviewing the Carpenter of Nazareth, wearing Galilean homespun. Jesus will be in His incandescent brilliance as the 'Son of Man' – a bit of a challenge even for TV reporters! Certainly when Peter, James and John were witness to their familiar Master 'transfigured', as the same irradiated Person – in a dramatic preview of Christ's triumphant final rule (Luke 9:28-36), they did not feel very confident.

The martyred Stephen, about to die, had a similar glimpse: "Behold I see the heavens opened, and the Son of Man standing at the right hand of God" (Acts 7:56). The exiled apostle John on the island of Patmos saw the same figure: '...His face was like the sun shining in full strength' (Revelation 1:16.)

When Christ one day returns, the whole world will finally witness this same spectacle (Revelation 1:7). His return will mark the end of history, as we know it. It will inaugurate the final Judgment. It will re-unite the Lord with His Church on earth.

Jesus' return to us will bring about the new heaven and the new earth. Pain, death, persecution, privation and sorrow will all be banished. The entire edifice of evil that has raised itself against the rule of God will be dismantled in a moment.

We have been warned all along not to place a date or a time upon the Second Coming of Christ. (Matthew 24:42-44) Sadly, many people ignore this warning and waste endless time in calculations. The way in which we should be spending our days before the end is to work, watch and witness to our Lord Jesus – whether or not ours is a world of computers, e-mail and all the rest!

In the meantime, where is Jesus now? The Bible writers tells us that Jesus has returned to the place of privilege and power, and is 'seated at the right hand' of the Father (Ephesians 1:20-21; Colossians 3:1; Hebrews 1:3), and is waiting for the Father's timing for Him to return to earth in glory (Mark 13:26-27,32), to raise the dead (1 Thessalonians 4:13-18), and give them their resurrection bodies (1 Corinthians 15:35-44).

Jesus will never be a baby again. He is now Christ the King – today, tomorrow, forever.

Our holiday in Rome was a wonderful experience. We explored some of the city's most iconic sites, like the Colosseum, the Vatican, and the Roman Forum. We walked through piazzas like Piazza Navona and the Spanish Steps. We enjoyed authentic Italian cuisine – we tried fresh pasta, gelato, and espresso. We also visited Trastevere which had several ancient art museums. Our trip was filled with unforgettable moments.

Colosseum

The Colosseum is one of the most remarkable landmarks in Rome, and visiting it was the highlight of our trip. Walking through its ancient arches, we could feel the weight of history—standing where gladiators once fought and spectators gathered for grand spectacles. The sheer scale of the amphitheatre, with its towering walls and intricate engineering, is awe-inspiring.



St Peters Basilica

Visiting St. Peter's Basilica was an unforgettable experience! It's not only one of the largest and most beautiful churches in the world, but its spiritual and historical significance is profound. The architecture is breathtaking. Michelangelo's stunning dome is worth spending time on. The Pietà, Michelangelo's sculpture, was mesmerizing to see in person, as well as the mosaic artworks and the stunning altar.

We took time to explore the Vatican Grottoes beneath, where many popes are buried. Unfortunately, we were not able to attend a mass because there were no more places available at the time.

However, we were able to see Pope Francis and listen to his sermon. Representatives of several countries read excerpts from the Bible in their own language.

Sistine Chapel

Sistine Chapel is really worth a visit. It was so good to see Michelangelo's masterpieces in person! The "Creation of Adam" on the ceiling, with its depiction of God reaching out to Adam, is breathtaking. "The Last Judgment" on the altar wall is a powerful and intense portrayal of the final moments of humanity.

The atmosphere in the Sistine Chapel is hushed, as visitors silently take in the artistic and spiritual significance.

The Roman forum

Visiting the Roman Forum was like stepping back in time to the heart of ancient Rome. Walking among the ruins of temples, basilicas, and monuments that once stood at the centre of Roman public was surreal. We saw famous landmarks like the Temple of Saturn, the Arch of Titus, and the Curia, where the Roman Senate once convened.

As we wandered the ancient streets, we imagined the bustling activity that would have taken place centuries ago—political debates, public speeches, and grand processions. The Forum offers such a rich glimpse into Rome's history, with its layers of architecture spanning centuries.

Piazza Navona

Piazza Navona is one of Rome's most vibrant and beautiful squares, and visiting it was a delightful experience! Known for its Baroque architecture, lively atmosphere, and stunning fountains, the piazza is a perfect place to relax and soak in the Roman spirit. The grand Fountain of the Four Rivers by Bernini, located at the centre, is especially captivating with its sculptures representing the great rivers of the world.

Spanish steps

The Spanish Steps are such a beautiful and iconic part of Rome! Visiting them was a memorable experience. As we climbed the 135 steps, we enjoyed the views of the bustling Piazza di Spagna

at the base and the elegant Trinità dei Monti church at the top.

Italian cuisine

Indulging in authentic Italian cuisine was one of the highlights of the trip to Rome! We experienced a delightful array of Flavors, from fresh pasta dishes like cacio e pepe or carbonara to classic pizzas with a thin, crispy crust.

Trastevere

Exploring Trastevere was a fantastic way to experience the authentic charm of Rome! This historic neighbourhood, known for its narrow, cobblestone streets and vibrant atmosphere, captivated us with its quaint shops, lively squares, and beautiful churches.



Trevi fountain

Visiting the Trevi Fountain was a magical experience! This iconic Baroque masterpiece, with its dramatic sculptures and cascading water, is one of Rome's most famous landmarks. The tradition of tossing a coin over your shoulder into the fountain—ensuring a return to Rome—is a fun ritual that many visitors take part in.

Crime in Rome

One of the unfortunate experiences that we had in Rome was that I was pickpocketed. Pickpocketing can be an unfortunate reality in busy tourist areas of Rome, as in many major cities. High-traffic spots like the Colosseum, Vatican, Spanish Steps, and public transport (especially buses and metro lines) are often targets for pickpockets. They tend to operate in crowded areas where distractions are common, making it easier to catch people off guard.



On the whole we had a wonderful time in Rome. If you have never visited Rome, we would recommend it to you.

Something for night owls to consider

If you are a night owl, then this is not good news: recent research has found that those of us who prefer a late bedtime also tend to have a higher body mass index (BMI), larger waists and be almost 50 per cent more likely to develop Type 2 diabetes.

Previous studies that found a link between late nights and Type 2 diabetes put the blame on unhealthy habits such as eating junk food. But now scientists in the Netherlands say that it may be the late nights themselves which are the problem.

Lead researcher Dr Jeroen van der Velde, of Leiden University Medical Centre, in the Netherlands, explained: "A likely explanation is that the circadian rhythm or body clock in late chronotypes is out of sync with the work and social schedules followed by society.

This can lead to circadian misalignment, which we know can lead to metabolic disturbances and ultimately Type 2 diabetes."

A solution? The scientists suggested that night owls might benefit from either going to bed earlier, or in having their last meal of the day earlier.

Promoting a safer church

The care and protection of children, young people and adults involved in Church activities is the responsibility of everyone who participates in the life of the Church

House of Bishops
Safeguarding Policy
for children, young people & adults

IF YOU ARE CONCERNED

that someone you know is at risk of, or is being abused, or presents a risk to others, please seek advice from a Safeguarding Adviser or if necessary report the matter to the Local Authority Social Care Services or the Police without delay.

Local contacts available to speak to if you have any concerns:

Name: Kaye Larbi
Role: Safeguarding Officer
Tel: 07847 324955
E-mail: psr@holytrinitybarkingside.org.uk



Name: Chris Szejnmann
Role: Vicar, Holy Trinity
Tel: 07804 641931
E-mail: priest@holytrinitybarkingside.org.uk



Name: Danielle Law
Role: Diocesan Safeguarding Adviser
Tel: 01245 29 44 44
E-mail: dlaw@chelmsford.anglican.org

Local Authority Social Services:

Children's Social Care: 020 8708 3885
Emergency Duty Team: 020 8708 5897

IF THERE IS IMMEDIATE RISK OR DANGER PLEASE CONTACT THE POLICE ON 999.

OUR COMMITMENTS

- Promoting a safer environment and culture
- Safely recruiting and supporting all those with any responsibility related to children and vulnerable adults
- Responding promptly to every safeguarding concern or allegation
- Caring pastorally for victims/survivors of abuse or other affected persons
- Caring pastorally for those who are the subject of concerns/allegations of abuse and other affected persons
- Responding to those that may pose a present risk.

HELPLINES

- NSPCC: 0808 800 5000
- Childline: 0800 1111
- Stop It Now: 0808 1000 900
- NAPAC: 0808 801 0331
- Samaritans: 116 123
- Family Lives: 0808 800 2222
- National Domestic Abuse Helpline: 0808 2000 247
- Men's Advice Line: 0808 8010 327
- National Careline: 0800 0699 784

He's so glad he came

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Hearing loss, blocked ears, ringing, buzzing or vertigo?
Call or text our experienced team or visit our website to book your consultation*.
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*Free consultation if you have treatment with ANPC Healthcare						

OUR CLINICS
SOUTH WOODFORD: 11 Lily House, George Lane, South Woodford, London E18 1BD
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Book your ear wax removal in a safe and clean environment with our friendly experienced Nurses and Health-care Professionals

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OUR CLINICS
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11 & 25 September
9 & 23 October
6 & 20 November
4 & 18 December

Holy Trinity Church
Barkingside, Mossford
Green, IG6 2BX
07804641931

just turn up — it's free!
everyone welcome!

Wednesdays 7:30-9:00pm

Salsa Dancing Classes for the Community

Beginners & Improvers
refreshments
joy & laughter
meet new people

LOVE IN A BOX

Sincere thank you's to all who have helped us to make so many "Love in a Box" which will be sent to children in war-torn parts the world; those affected by flooding, drought, and for whom life is so unfair. Special thanks to those in the M. U. who have organised, shopped, loaded up, and made that extra effort to ensure another successful year.



Over 90 boxes were filled, and will be sent off soon.



When poverty pushes people into dark places

As Christmas approaches, the charity Christians Against Poverty (CAP) is warning that "Poverty has become more ruthless than ever. There are rarely simple solutions anymore. Families can't afford to live, let alone repay debt, as incomes don't cover the basics."

CAP tells the story of Bea, one of its clients. "Like nearly half of CAP's clients, Bea's income wasn't enough to live on. She and her husband had been made redundant and, no matter how careful she was, after paying for rent, food, and other essentials, the money couldn't stretch to the end of the month. "I got to the point where I didn't want to be here. I was in a black hole, and couldn't get out."

Nearly half of CAP's clients have attempted or considered suicide as a way out of debt, as on-going poverty and debt is literally driving people to the brink. And so this Christmas, CAP is asking for support, as "your gift to CAP could save lives. The holistic care and debt help local churches across the UK are providing is vital for people like Bea."

If you would like to send a donation, please visit: <https://capuk.org>



Longwood Foot Clinic



Chiropody & Podiatry

163 A, Longwood Gardens, Clayhall, IG5 0EG

What we offer

- Routine Footcare
- Corns and Hard skin removal
- Ingrowing toe nail surgery
- Fungal Nails
- Diabetic Footcare
- HCPC Registered Podiatrist
- Practising since 2012
- Member of College of Podiatry
- Easy transport, bus no 462
- Easy parking space
- Home visits available

Tel: 020 8551 6729

“One Place East”

A collection of Volunteers who you can turn to for driving, odd jobs, shopping, etc.
 After more than 25 years of local Service, **REDBRIDGE VOLUNTARY CARE**
 duties will be managed by
020 8514 0980

J A CURRAN

Gas appliance, service / maintain.

Plumbing repairs and maintenance.

20, Carlton Drive,
 Barkingside.
 IG6 1LU



Tel:- 020 8220 7157

Email:- jacurran@ntlworld.com

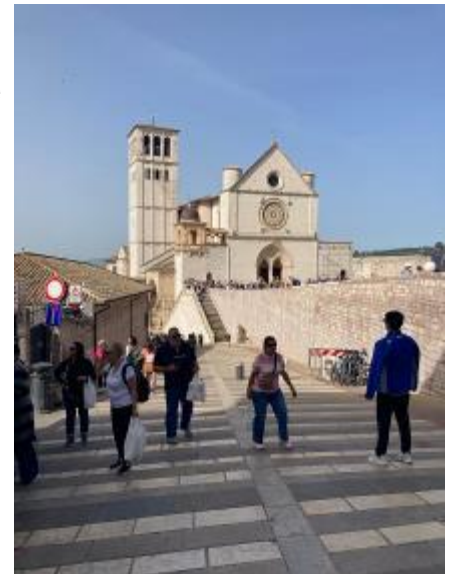
I was very blessed to be able to join a pilgrimage (by coach, in comfort, no strenuous hiking) to Assisi in Italy, the birthplace of Saint Francis, and some surrounding locations associated with important stations in his life in the Italian region of Umbria in mid-October. Assisi is an old town built on a hill in a landscape rich in olive groves and vineyards. From the plain it presents an impressive view to the approaching traveler and conversely we had a great view into the countryside below from our hotel room on the edge of the old town.

Saint Francis of Assisi lived from 1181-1226. He founded the religious order of the Franciscans and is well known for his love of animals, nature and his poem, the Canticle of the Sun. We started our exploration of sites associated with Saint Francis in the Church of Santa Maria dell'Angeli, which is built over the little church Porziuncula, where the Franciscan order was founded.



We then visited the island of Isola Maggiore in Lake Trasimeno, Italy's fourth largest lake, where Saint spent a decisive period of lent in 1211 and to which he returned from time to time. In Assisi itself we visited the house where he was born, the Basilica where he is buried and the church of San Damiano, where Saint Francis experienced the vision which would lead to him dedicating his life to Christ.

In the cathedral of the nearby city of Spoleto we were able to see an autograph letter of Saint Francis and in the towns of Spello and Montefalco fresco cycles depicting the life of Saint Francis.



The Canticle of the Sun

Most High, all-powerful, good Lord,
 Yours are the praises, the glory, the honor, and all blessings.
 To You alone, Most High, do they belong,
 and no man is worthy to mention Your name.
 Praised be You, my Lord, with all your creatures;
 especially Brother Sun, who is the day, and through whom You give us light.
 And he is beautiful and radiant with great splendor,
 and bears a likeness to You, Most High One.
 Praised be You, my Lord, through Sister Moon and the stars;
 in heaven You formed them clear and precious and beautiful.
 Praised be You, my Lord, through Brother Wind,
 and through the air, cloudy and serene,
 and every kind of weather through which You give sustenance to Your creatures.
 Praised be You, my Lord, through Sister Water,
 which is very useful and humble and precious and chaste.
 Praised be You, my Lord, through Brother Fire,
 through whom You light the night;
 and he is beautiful and playful and robust and strong.
 Praised be You, my Lord, through Sister Mother Earth,

who sustains us and governs us and who produces varied fruits with colored flowers and herbs.
 Praised be You, my Lord,
 through those who give pardon for Your love, and bear infirmity and tribulation.
 Blessed are those who endure in peace for by You, Most High, they shall be crowned.
 Praised be You, my Lord, through our Sister Bodily Death, from whom no living man can escape.
 Woe to those who die in mortal sin.
 Blessed are those whom death will find in Your most holy will, for the second death shall do them no harm.
 Praise and bless my Lord, and give Him thanks, and serve Him with great humility.
Amen.

Remembrance – and Gratitude

This year Remembrance includes several significant dates from past wars.

2024 marks the 110th anniversary of the start of World War I.

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As the British Legion says, "While D-Day was fundamental to the allied victory, the Second World War was not won on any single day – or battle – and we will recognise and pay tribute to all who served from the British Armed Forces, Commonwealth and allied nations, such as those who served in the Battles of Monte Cassino, Imphal and Kohima, Operation Market Garden and the Scheldt.

It wants to pay tribute to those who served and currently serve in Kosovo 25 years after the deployment of the NATO peacekeeping force, KFOR, and to those who served in Afghanistan, as this year marks 10 years since the end of Operation Herrick.

Holy Trinity – LIGHT PARTY

Saturday, 9th November
5.00-7.00pm in church

For children and families –
incl. craft, games, food &
fireworks (from 6.40pm in vicarage garden)

Cost £5.00 per family / £3.00 per person



Booking only – children must be accompanied by an adult.

Contact Kate: 07876 318 718 –

Kate.Szejmann@holyltrinitychurchbarkingside.org.uk

Barking Music and Drama
presents...

BMAD does Christmas A Christmas Cabaret

The Ripple Centre, Barking
St. Erkenwald Rd IG11 7FN
Thur. 5th, Fri. 6th, Sat 7th Dec 2024
Eves. At 7.30pm / Sat. Mat. 1.00pm Eve. 5.00pm

Adults £10.00 - Child £8.00 (16 and under)
Group of 4 £30.00 (min 2 children)

Tickets Available
online at
www.BMAD.uk

Free Santa's Grotto for
Children during the Interval

St. Alban's Singers Ilford
Present

A Concert for Christmas

Wednesday December 18th
At
7:30 PM

Admission: £5
Including Seasonal Refreshments

At St. John's Church, St. John's Road
Seven Kings, IG2 7BB

The Rectory
St James the Least

My dear Nephew Darren
On why the C of E should never combine parishes



I suppose it had to come, but combining parishes is now firmly on the agenda for our villages.

I had always wondered what the first Earl of Stowe was trying to prove, building a church here in 1347 to accommodate 800 people when the total population has never exceeded 250. In the short term – which in this village is measured in centuries - it seems to have been to house the tombs of his 13 successors. I now realise it was to make uniting with adjoining parishes in the 21st century more difficult. Clearly the first Earl had formidable foresight. None of our neighbouring churches seem too keen to share their reserves to help maintain our cathedral-sized building.

The threat of the closure of St Herve the Bard has, inevitably, caused outrage – not so much from its regular congregation of three, but from all those in the village who would never think of attending. People do so *like* to have a church not to go to.

The church of St Bregowine, built by a wealthy parishioner in the 19th century because she did not like the high church practices of the parish church of St Iwig, is refusing to re-unite, even though the two churches stand only 100 yards apart, in a village with a diameter of 300 yards. If only they could get over the trauma of seeing the incumbent putting water in the wine on Easter Day in 1894.

(Although it must be conceded that the Bregowinians were equally affronted that when the daughter church opened in 1895, they found that the Iwigers had provided no brass troughs at the end of the pews for umbrellas. That they have subsequently refused to install them has only compounded the offence.)

Meanwhile St Plegmund is in discussions with the Church of South India as a way of avoiding uniting with anyone. Should it happen, I will be interested to see what travelling expenses the new incumbent claims. It will be difficult to tell when the present incumbent resigns, as he has not been seen at a clerical meeting for the last 30 years. Some of my colleagues suspect he is mythical, that a bloodless coup took place in the 1980s and that the church is now entirely run by the Mothers' Union.

The church of St Maximus of Constantinople in our nearest town has rather grandly offered to take all of our churches under its wing, but as a parishioner has pointed out: how could we possibly consider joining with a parish that fought on the other side at the Battle of Bosworth in 1485.

In the meantime, we will serenely carry on, as we seem to have done for the past six centuries; parish mergers and reductions in numbers of clergy seem to be of less interest than debating the suggestion that we change the brand of coffee served after Services.

Your favourite Uncle, Eustace

CROSSWORD ANSWERS.
(No Cheating!)

ACROSS: 1, Charitoteers. 9, Immoral. 10, Cairo. 11, SAE. 13, Inns. 16, Firm. 17, Accuse. 18, East. 20, Ogam. 21, Judith. 22, Seba. 23, Msgr. 25, Den. 28, Inane. 29, Entreat. 30, Chrysopraxe.

DOWN: 2, Human. 3, Rare. 4, Oils. 5, Ecce. 6, Raising. 7, Citizenship. 8, Commemorate. 12, Assail. 14, Sat. 15, Scouse.

		8		6		1	
		5					
6	7			1	8	4	5
7	9	8			1		
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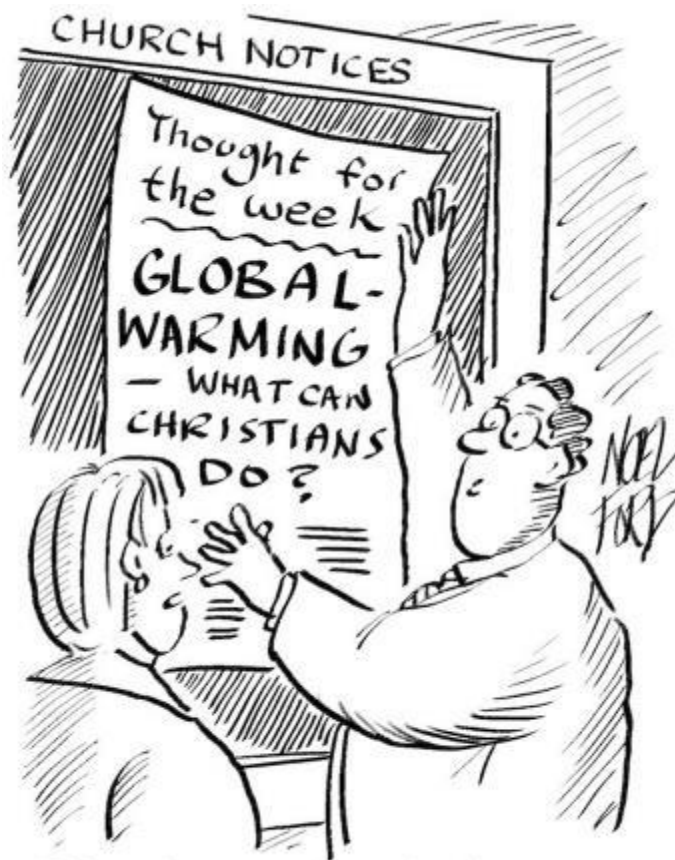
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"...and don't forget we're coming into Nativity Play season – make sure we have extra tea-towels in stock!"



With proper ceremony, they laid it to rest with its ancestors.



"Given the state of our heating system, you'd think the vicar would be all for it!"



"It's a devil to start on these damp November Sunday mornings – luckily we have a sidesman who works for the AA"

Do you need help?



We are here for you and want to support you.

We would love to meet you! The church is open for private prayer, and as a welcoming space Monday, Wednesday and Friday 10am - 12noon. You are also welcome to join us at our Tuesday drop-in 9am to 1pm in the Parish Hall, or during Worship Services on Sundays 10:30am and Wednesdays 9:45am. You can also contact our Vicar Chris or the Church Office via phone or email.

There are, however, many areas where it's best if you seek professional help. Please see the **“Help” page on our church website** for useful information (also available as a print-out in church), including two important links:

- **“Directory of cost of living support”**, Redbridge Council
- **“Help in Redbridge”** website

QR link to Holy Trinity Church website



Holy Trinity Church, Mossford Green, Barkingside, IG6 2BX

Who We Are

Holy Trinity Church, Mossford Green, Barkingside, IG6 2BX

We are a lively, Family friendly Church
with a Heart for the Common Good,
and want to make Jesus Christ known in Barkingside

Our Services Sunday 10:30am & Wednesday 9:45am

The Church is open for Private Prayer and as a Welcoming Space Monday, Wednesday and Friday 10am - 12noon. You are Welcome to Join us at our Tuesday Drop-In 9am to 1pm in the Parish Hall

Vicar: Rev Dr Chris Szejnmann
priest@holytrinitybarkingside.org.uk
07804 641931



Associate Curate: Rev Kate Szejnmann
kate.szejnmann@holytrinitybarkingside.org.uk

Churchwarden: Chris Stoneham
chris.stoneham@holytrinitybarkingside.org.uk

Safeguarding: Kaye Larbi—07847 324955
psr@holytrinitybarkingside.org.uk



Tuesday-Drop In for all in Parish Hall @ 9am-1pm alternating fortnightly on Wednesdays @ 7:30pm: **Salsa Dancing Classes for the Community** meeting new people, building relationship and having fun / **Bible Study group** — **Edge Youth Club** for all 10-14 year old Thursdays 6-8pm — **Family Fun Zone** monthly events.

We are Passionate about Welcome & Hospitality, Prayer & Worship, Family, Children & Youth, Vulnerable People & Outreach, Mothers Union, and Honoring Creation. — **Any questions? Want to get involved? Want to Hire our Parish Hall?** Please find us online or ring our Parish Office tel.: **07478 187 010.**

Facebook



Website



Together Diverse

MAKE NEW
FRIENDS

EDGE

FUN
ACTIVITIES AND
WORKSHOPS

YOUTH

EAT GOOD
FOOD

CLUB

FREE
OF CHARGE!

Empower Grow
Hope Joy Vision

Thursdays 6pm-8pm
Restarting Sept 12th 2024
Parish Hall, Mossford

Green, Barkingside, IG6 2BX
For info or to register email
hello@edgeyouth.co.uk

All 10-13 year olds welcome

Crossword

Across

1 In David's battle with the Arameans, 700 of these were killed (2 Samuel 10:18) (11)

9 'No —, impure or greedy person has any inheritance in the kingdom of God' (Ephesians 5:5) (7)

10 City on the banks of the River Nile (5)

11 Stamped addressed envelope (1,1,1)

13 Taverns (4)

16 'Be on your guard; stand — in the faith' (1 Corinthians 16:13) (4)

17 'He will not always —, nor will he harbour his anger for ever' (Psalm 103:9) (6)

18 and 27 Down Where the magi came from and what guided them (Matthew 2:1–2) (4,4)

20 Ancient Celtic alphabet of 20 characters (4)

21 She married Esau when he was 40 years old (Genesis 26:34) (6)

22 A great-grandson of Noah (Genesis 10:7) (4)

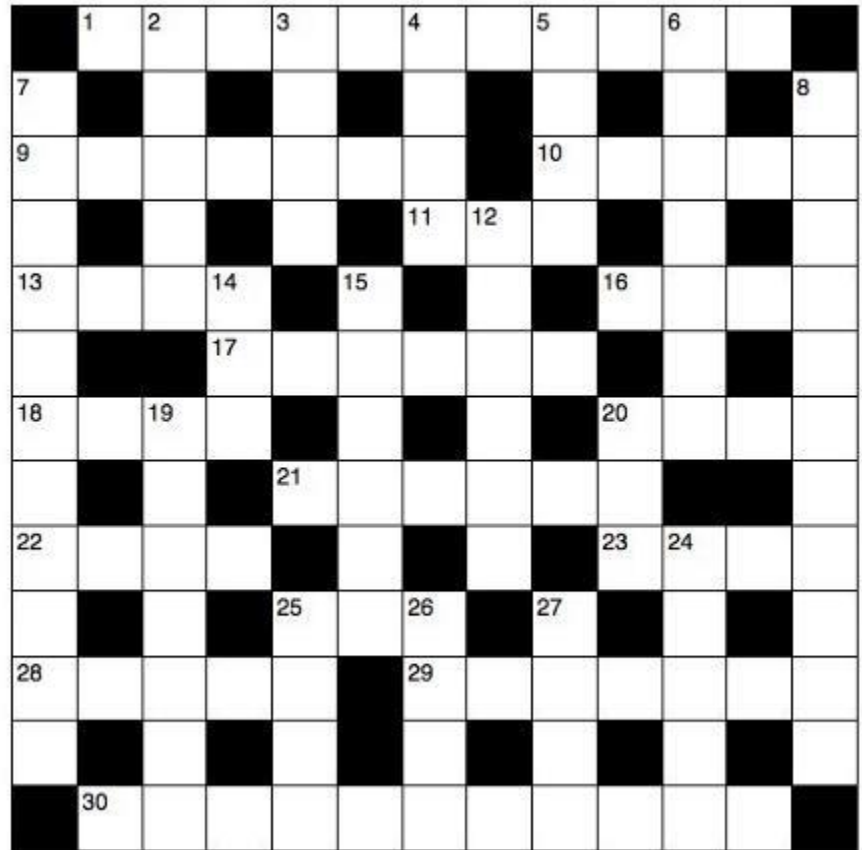
23 Title accorded to certain Roman Catholic clerics (abbrev.) (4)

25 'My house will be a house of prayer; but you have made it a — of robbers' (Luke 19:46) (3)

28 Annie (anag.) (5)

29 Plead with (Zechariah 7:2) (7)

30 Tenth foundation of the new Jerusalem (Revelation 21:20) (11)



Down

2 'We have a building from God, an eternal house in heaven, not built by — hands' (2 Corinthians 5:1) (5)

3 Uncommon excellence (Proverbs 20:15) (4)

4 'You have exalted my horn like that of a wild ox; fine — have been poured upon me' (Psalm 92:10) (4)

5 — Homo ('Behold the Man') (4)

6 'He has given proof of this to all men by — him from the dead' (Acts 17:31) (7)

7 'Our — is in heaven' (Philippians 3:20) (11)

8 'This is a day you are to —' (Exodus 12:14) (11)

12 Assault (Psalm 17:9) (6)

14 'Jesus found a young donkey and — upon it' (John 12:14) (3)

15 Liverpool dialect (6)

19 'Remember the — day by keeping it holy' (Exodus 20:8) (7)

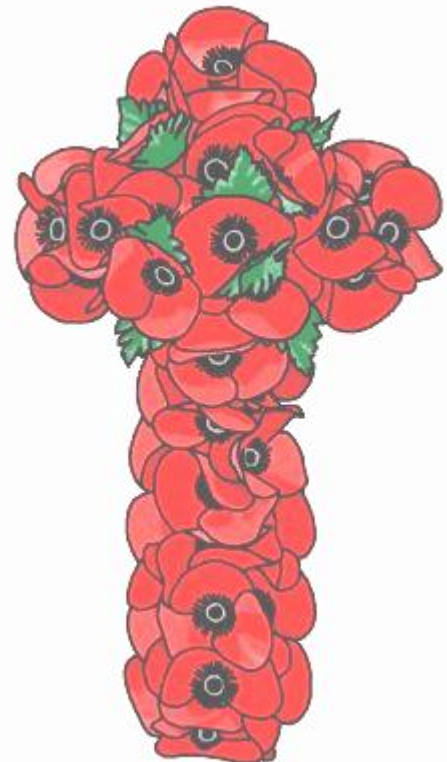
20 Nineteenth-century German physicist after whom the unit of electrical resistance is named (3)

24 Nazirites were not allowed to eat this part of a grape (Numbers 6:4) (5)

25 'If anyone would come after me, he must — himself and take up his cross and follow me' (Mark 8:34) (4)

26 Evil Roman emperor from AD54 to 68, responsible for condemning hundreds of Christians to cruel deaths (4)

27 See 18 Across



Remembrance – and gratitude

This year Remembrance includes several significant dates from past wars. 2024 marks the 110th anniversary of the start of World War I.

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This year the British Legion is also looking beyond the Second World War, to Kosovo and Afghanistan.

It wants to pay tribute to those who served and currently serve in Kosovo 25 years after the deployment of the NATO peacekeeping force, KFOR, and to those who served in Afghanistan, as this year marks 10 years since the end of Operation Herrick.

A key to longer life? Keep calm and carry on

Scientists have long known that mental resilience, or our ability to bounce back in the face of trouble and adversity, has a powerful effect on us for the good. Such resilience has been linked to preventing disease, keeping chronic illnesses at bay, and helping us recover after trauma.

Now it seems that our capacity to cope with and adapt to challenging life events may even delay our risk of dying for a good few years.

Scientists at the University of Sun Yat-sen, in Shenzhen China, have done extensive research into the health records of more than 10,000 Americans who had signed up for the US Health and Retirement Study. They found that those who scored high on qualities such as perseverance, calmness, a sense of purpose, self-reliance and stoicism had a much lower death rate than others who scored lower.

Writing in the journal *BMJ Mental Health*, the authors said: "Exposure to adversity, such as poverty or significant life events like job loss or bereavement, often leads to disruptions in psychological functioning. However, individuals differ in their ability to overcome and adapt to adversity, with some exhibiting resilience while others struggle."

25th November - Catherine of Alexandria, patron saint of young girls and nurses

Catherine is thought to have been a noble girl who lived in the 4th century. She was persecuted for her Christianity, and despised marriage with the Emperor because she was a 'bride of Christ'. According to the legend, Catherine was no push-over intellectually, either: she disputed successfully with 50 philosophers who were called in to convince her of the errors of Christianity.

Catherine protested against the persecution of Christians by Maxentius, and then she herself was tortured: broken on a wheel (later called Catherine wheel), but the machine then broke down itself, injuring bystanders. Catherine was then beheaded.

This legend strongly appealed to the Middle Age imagination. Catherine became the patron of young girls, students, philosophers, nurses and craftsmen such as wheelwrights, spinners and millers.

In England 62 churches were dedicated to her, and 170 medieval bells still bear her name. 'Lives', poems, miracle plays, stained-glass windows, panels and paintings have all been done in Catherine's honour.

Prayer for November 2024

Dear Lord,

November can be a dreary month. Even the first syllable is negative and reminds us of all the things we are missing; the long light days, summer breaks, blossom and fresh green leaves. As we walk through the dark days, help us to remember that You brought light into this dark world. You sent Jesus, who is that light in person, Your positive who overcame all negatives by His death on the cross.

November leads us closer to the time of celebration of His coming. Lord, thank you for Jesus.

Thank you for November!

In Jesus' name. Amen.

By Daphne Kitching

30th November – Andrew, first disciple of Jesus

Andrew, whose feast day ends the Christian year on 30th November, is probably best known to us as the patron saint of Scotland, though his only connection with the country is that some of his bones were reputedly transported in the 8th century to Fife and preserved at a church in a place now named St Andrews.

In fact, there are so many legends about him all over Europe and the Middle East that it's safest to stick to what the Gospels tell us - though the strong tradition that he was martyred by crucifixion is probably true and is perpetuated in the 'St Andrew's Cross', the 'saltyre' of Scotland.

The Gospels record that he was one of the first disciples of Jesus, and the very first to bring someone else to Christ - his own brother. Like many fervent Jews at the time Andrew and an unnamed companion had been drawn to the desert, to be taught by the charismatic prophet known to us as John the Baptist. Many thought that he was the long-promised Messiah, but John insisted that he was not. 'I am the voice crying in the wilderness,' he told the crowds. 'Prepare the way of the Lord! One comes after me who is greater than I am.'

So when one day John pointed out Jesus to Andrew and his friend and described Him as the 'Lamb of God', the two young men assumed that the next stage of their spiritual search was about to unfold. So, as Jesus made off, they followed Him.

PARISH OFFICE (in Church)

– normally open: Mon, Wed, Fri 10 am – 12 noon

e-mail parishoffice@holytrinitybarkingside.org.uk or phone **07478 187 010**

VICAR:

Rev Dr Chris Szejnmann - 07804 641 931

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priest@holytrinitybarkingside.org.uk

Associate Curate **Rev Kate Szejnmann**
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Deputy Wardens:
Maxine Paul

Parish Safeguarding Officer:
psr@holytrinitybarkingside.org.uk
Kaye Larbi 020 8491 8178

Church Treasurers:

Mike Priestman & Andrew Gillian
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accounts@holytrinitybarkingside.org.uk

Sacristan / Verger:

(& Organist) Mary Fabb - 020 8550 9694

Magazine:

parishmagazine@holytrinitybarkingside.org.uk

Mothers' Union:

mothersunion@holytrinitybarkingside.org.uk

Music Group:

musicgroup@holytrinitybarkingside.org.uk

PARISH DIARY

Every Tuesday 9am - 1pm 'Tuesday Morning Drop In'
Parish Hall (continuing weekly).

3 Nov Sun - All Saints Day

4 Nov Mon - 7 pm The Licensing of Rev Kate Szejnmann
by Bishop Lynne and the Archdeacon Mike Power

9 Nov Sat - 5 - 7pm. "Light Party" - Church & Vicarage Garden..
Games! Eats! Fireworks! All Welcome!!!

10 Nov Remembrance Sunday

24 Nov 'Christ The King' Sunday

30 Nov Sat - 10am - Carols in Tiptree Estate

1 Dec Sun 10.30am. 1st Sunday in Advent.

8 Dec Sun - 10.30am 2nd Sunday in Advent
6.30 Carols by Candlelight Fairlop Brass Band in Church

10 Dec Tue 2.30pm - Mothers Union Carol Service Mince Pies &
Refreshments Afterwards !!

13 Dec Fri— New Essex Choir Christmas Concert - in Church

14 Dec Sat - Christmas Party