

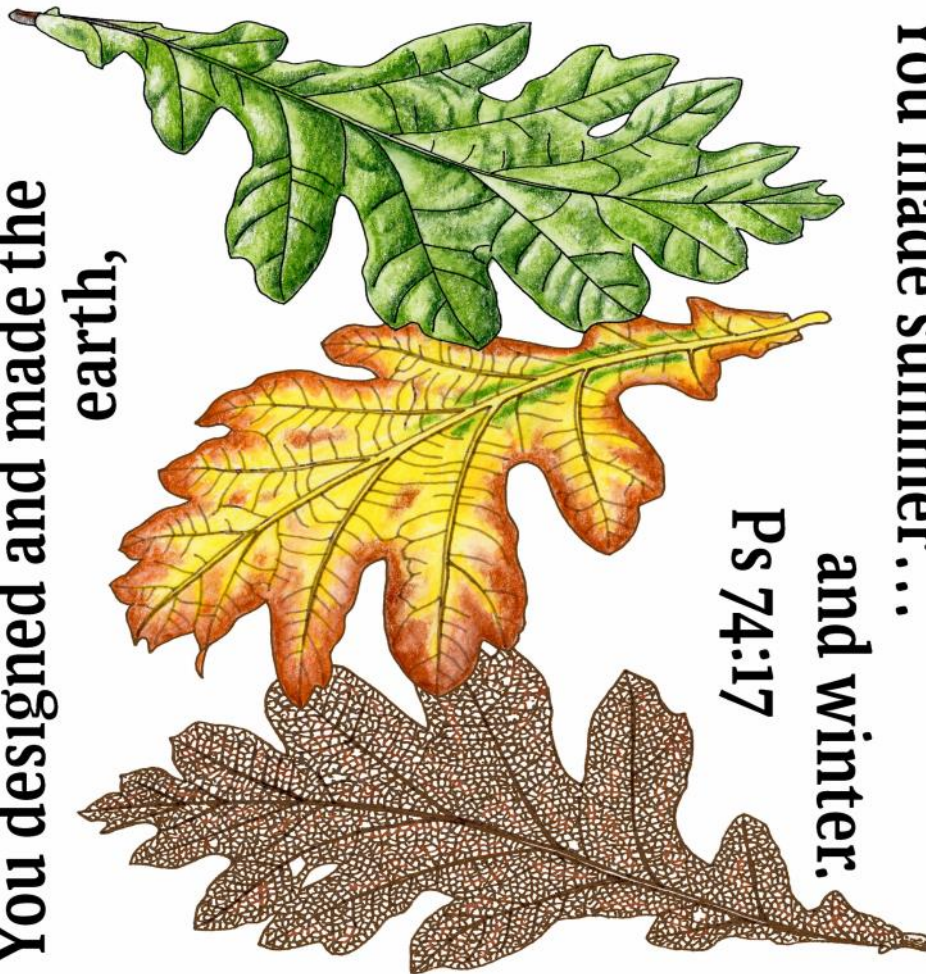
# Trinity Times

The Parish of Holy Trinity Church , Barkingside

Holy Trinity is a lively, Family-Friendly Church. We have a Heart for the Common Good, seeking to make Jesus Christ known in Barkingside

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Ps 74:17  
and winter.

You made summer...

**'Drop In'  
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## Who We Are

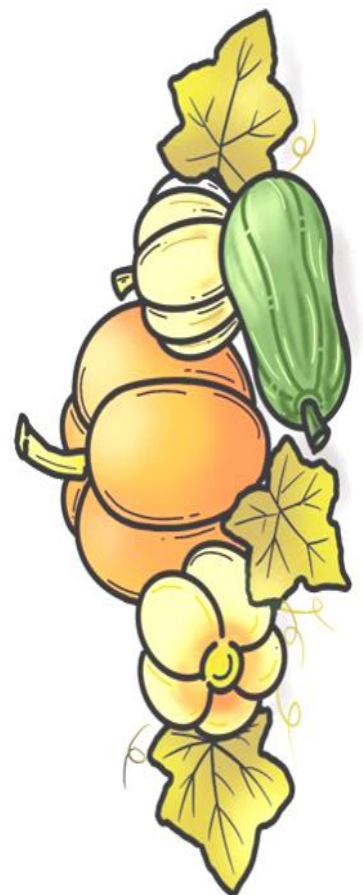
Holy Trinity Church, Mossford Green, Barkingside, IG6 2BX

We are a lively, Family friendly Church with a Heart for the Common Good, and want to make Jesus Christ known in Barkingside

### Our Services

**Sunday 10:30am & Wednesday 9:45am**

The Church is open for Private Prayer, and as a Welcoming Space Monday, Wednesday and Friday 10am - 12noon, and you are Welcome to Join us at our Tuesday Drop-In 9am to 1pm in the Parish Hall



## Vicar's Letter

by Rev Kate Szejnmann

I thought it would be a nice thing to let Father Chris have a month off from his monthly vicar's letter. It is such a joy that I can partner with my husband in the ministry of God and take a very small load off him every now and then. And there is such a joy in serving God.

And in a world that is getting increasingly darker and more violent, the need to be counter-cultural, prayerful and 'kingdom' minded is urgent I would say.

First, I want to *start with a heart of gratitude*. So much to thank God for; for my family and for the family of God at Holy Trinity. The love in my family is so tangible; the Lord has answered so many prayers to protect and to heal. We see this every day.



At Holy Trinity, we are thankful to see what God has started and seeing the fruit. The 'drop-in' continues to draw the community in; a safe and prayerful space to chat, be creative and receive hospitality.

The **Salsa evenings** in the church building explode with joy by dancing Salsa and moving to the contagious beat of Latin tunes. So many new people coming to share this together.

**Edge Youth club** is proving to be a very inclusive space for those kids transitioning from primary school to junior school. The love of eating together and playing games together continues to provide a sense of belonging for young people. Our values are, 'together, diverse, empower, grow, hope, joy, vision.'

Our newly-started **Bible Study group** is wonderful. Sharing and growing in our study of the bible.

And not forgetting our wonderful times of weekly worship; pressing into the presence of God and learning to abandon those things which disrupt us from being 'kingdom people.' And being together to worship.

The church is looking at the 'cost of discipleship' this term. The carrying of the cross, the letting go of 'self', the stepping out to bless and fish for people.

*'Luke 9.24. 'Those who want to save their lives will lose it, and those who lose their life for my sake will save it!'*

This 'losing your life' in order to 'save it', creates havoc and challenge in the Christian community. Some, including myself feel a tension in this. When one reads Luke 9.57-end, one can read this and think, 'I am so broken and weak, that I need to let go of all that hinders my Christian Walk. Therefore, this feels like punishment, judgement, denial'. Theologian Richard Rohr, suggests that instead of feeling condemned, rather know that in and through Christ, we are being liberated, by 'letting go!'

This adds a totally different meaning to our discipleship. And as God's children, dearly loved, knowing he can use our weakness to draw closer to others is the way of the God's kingdom. That is the polar opposite of the secular world. As we share our story with others, God's Spirit moves and transforms and points to him.



So, rather than living in the darkness of 'all our faults', think of them as works in progress and that God is liberating us. He is literally saving us.

*And we know that Christ lost his life in order to save us.*

And as saved disciples, we too will suffer, through the joys and sorrows of life. We too carry the metaphorical 'cross;' that burden to walk the way of Christ. And that way holds 'conflict' for us daily. We want some of God, yet some of our own life's choices. We want to live for God, but live for ourselves, with our dreams and desires.

Can anyone live the way of Christ?

Dietrich Bonhoeffer wrote about discipleship, "The cross is laid on every Christian. The first Christ-suffering which every man must experience is the call to abandon the attachments of this world."

**So, I leave you with these questions:**

*What one thing have you had to lay down in order to follow Jesus?*

*What one thing could you let go off right now, as you continue to follow Jesus?*

I am so very thankful that God finally drew me to Holy Trinity Church. I have received a wonderful welcome and see so many who are 'on fire' for God and willing to serve and see kingdom change in the community of Barkingside. Do not give up but press on!

Every blessing

Rev Kate

## A PRAYER FOR BLACK HISTORY MONTH

Compassionate God,  
who sent Jesus Christ to deliver us  
from all manner of injustices and inequalities,  
create in us new hearts and enlarged visions,  
to see the image of God in every person  
irrespective of background, race and ethnicity.  
May we be generous in our love of others  
as we work towards ending racism and injustice;  
creating communities of human flourishing,  
through Jesus Christ your Son our Lord,  
who is alive and reigns with you,  
in the unity of the Holy Spirit,  
one God, now and for ever.  
Amen.



## A message from Justin Welby:

Please pray for the suffering people of Lebanon, Palestine and Israel.

The monstrous violence and fear that so many are enduring is an affront to the God in whose image every person is made.

It cannot go on.

As the region stands on the brink of catastrophe, my prayer is for immediate de-escalation and an end to the bloodshed and destruction.

This can only be achieved through a ceasefire-hostage deal that creates possibilities for security, justice and peace for all.

May God bring this time of spiralling violence across the Holy Land and Lebanon to an end.

**Amen**



## ILLITERACY DOESN'T MAKE SENSE

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HER  
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### A Prayer for October

Dear Lord and Creator of all things,  
In this fast-moving and high-tech world, help us to slow down – just occasionally – to notice the rhythms of Your creation; the beauty of the colours of autumn; the annual ritual of falling leaves and darkening evenings. All part of Your cycle of the year that we often take for granted.

And yet Lord, there is evidence of changes in our climate – extremes of temperature, droughts, floods and wildfires. There is evidence that our behaviour might be responsible for damaging Your world.

Lord, we thank You for Your goodness and faithfulness and grace to us. We are sorry when we get things wrong. Thank you for sending Jesus to show us the way to be in a right relationship with You. Help us to put our trust in Him and as part of living Christian lives, to accept our responsibility for caring for the world You created.

In Jesus' name, Amen *By Daphne Kitching*

## Holy Trinity ' Bible Study Group'

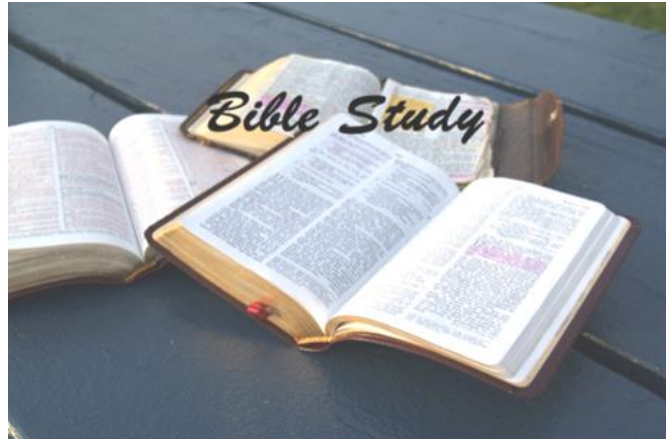
**John 1:1:** In the beginning was the Word, and the Word was with God, and the Word was God.  
**Psalms 119:105:** Your word is a lamp to my feet and a light to my path.

**Time: 7.30pm-9.15pm**

**Wednesday 4th September**  
**Wednesday 18th September**  
**Wednesday 2nd October**  
**Wednesday 16th October**

**HALF TERM: no meeting**

**Wednesday 6th November**  
**Wednesday 20th November**  
**Wednesday 4th December**



**Break for Christmas**

**The word of God never returns empty! It is life giving. It is our map to living the Christian life, it guides and counsels and more....**

We already have much interest regarding sign ups, including new members of the church. We are aiming for approximately 12 people in the group (very biblical) and hoping that with continual interest to study God's word, will multiply in the New Year with a new group, whilst raising up new leaders to help lead them. There will be some guidance and training in this.

**Further Details**— **Rev Kate Szejmann**

[kate.szejmann@holytrinitybarkingside.org.uk](mailto:kate.szejmann@holytrinitybarkingside.org.uk)

In last month's magazine there was an advertisement for an upcoming **Barn Dance** to be a fund raiser for the Guides.

"Wow!" I thought "that brings back memories". In the late 1940's and 1950's there was a craze for Square Dancing brought over from America following Princess Margaret's visit there, and in Ilford we had Barn Dances in Ilford Town Hall and Holy Trinity Church Hall, Barkingside.

There was a band called Roding Valley Ranchers who ran these popular events and my friend and I were regular attenders to them. I wonder if there are any readers who might remember these fun evenings.

The point of my story is that is where I met my late husband at a Holy Trinity Barn Dance as he played in the band. It became our interest and he went on to play for many years at these sort of dances, eventually forming his own ceilidh band in Norfolk. So it's good to know barn dancing is still popular. Hope it's a good night, well supported and everyone has a good time and maybe other relationships might be formed.

Barbara Youngs

## **Bible Sunday – 29<sup>th</sup> October** Canon Paul Hardingham considers why Christians put such a high value on the Bible.

At the recent Coronation the King was given a Bible with the words *'the most valuable thing that this world affords'*. As Bible Sunday is celebrated this month, let's ask why we should read the Bible?

The Bible isn't a single book, but a library of 66 books, composed by some 44 writers over 1500 years in a range of styles including history, poetry, prophecy, letters and apocalyptic (looking at the end times). Despite having a number of different writers, it claims one authority - God Himself! *'All Scripture is God-breathed and is useful for teaching, rebuking, correcting and training in righteousness, so that the man of God may be thoroughly equipped for every good work'* (2 Timothy 3:16). The Bible is inspired (*'the word of God in the words of men'*) and equips us to live for God in every aspect of our lives. We also have the promise of the Holy Spirit to guide us when we read: *'when the Spirit of truth comes, He will guide you into all truth'* (John 16:13).

### **How should we read the Bible? Let's consider the following guidelines:**

**Right time:** We need a regular routine, which will meet our needs. This will vary according to our circumstances: e.g., a mum at home with young children, somebody with a demanding job or a retired person.

**Right Place:** We need to find a space where we can be undisturbed (e.g. lounge, bedroom, train or kitchen).

**Right Version:** We need a version of the Bible which we can readily understand and use. A number of versions are available (e.g. NIV, The Message), as well as Bible apps we can access on our phone.

**Right Help:** Reading notes also help us to understand a passage and apply it to our lives.

Let's get reading!!

## **Don't Mess with us Wrinklies !**

My Nan went into the bank with her card and waited at the counter.

When she got there she gave her card to the young lady and asked for £20.

The young girl so No as it was a small amount, she would have to use the machine.

Nan said she was unsure of using the machine would the young lady help her.

Rather rudely she said no she only dealt with large amounts and the instructions were very clear to understand on the machine.

Nan then asked if she wanted a larger amount could the young lady do this. She said if it was in the account then she could.

Nan then asked to take out £3,000, the girls smiled for the first time and gave it to her.

Nan counted it , peeled off £20 and put it in her purse. She then said to the girl I would like to deposit £2980 into my account.

Regards Iris Burton

## **Special Thanks**

A Methodist minister in a little Georgia town was known to a few folks to have a fondness for alcohol. One Saturday a parishioner knocked at the parsonage door. He held up a large bottle of homemade peach brandy and told the preacher, "Reverend I'd sure like to give you this, but there's one condition: You must thank me from the pulpit tomorrow morning."

The preacher thought about it for a moment and agreed. The next morning he strode to the pulpit and announced, "I really want to thank Brother Roberts for the lovely gift of fruit he brought by the parsonage yesterday and especially for the spirit in which was given."



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## **Loyalty:** *Lester Amann considers faithfulness*

In Edinburgh, the capital city of Scotland, stands Greyfriars Graveyard. In 1858 a faithful dog called Bobby followed the remains of his beloved master to this cemetery. Here the dog stayed on or near the graveside until his death, 14 years later.

This is a story about loyalty. More poignantly, many people have devoted themselves to others through all kinds of circumstances. It's amazing what some people have gone through in giving their lives to someone to ensure their comfort, safety, and well-being.

There are numerous examples of loyalty in the Bible. The widow Ruth refused to return home to Moab to be with her people. Instead, she committed herself to staying with her mother-in-law, Naomi, whatever happened.

The young David, many years before he became king, and Jonathan the son of King Saul promised to look out for each other no matter what ill befell them.

Moses was faithfully loyal to God. They spoke with each other as if they were friends! He served God endlessly despite the frustrations of leading a vast crowd of people through the desert for 40 years.

What about us? How loyal are we to God? A difficult question, when so much can sway our eyes, our minds, emotions and behaviour in a world that thinks it doesn't need a faithful and loving God to care for them! It's easy to be loyal when times are good, but a different thing when hardships surround us.

Do we ever feel uncomfortable singing hymns about courage, obedience and service? Some provoke a challenge. Do we *really* mean all the words we sing? Consider the popular hymn *Jesus I have promised to serve Thee to the end*. It is a stirring declaration of faith, with prayer requests that we be steadfast in all circumstances. While it is good to sing hymns about loyalty, we should also endeavour to work out what our commitment to God really entails.

Jesus made some testing statements about loyalty, and warned His hearers about weighing up the pros and cons before following Him. Jesus said 'Take up your cross'. This challenging phrase is the ultimate test of our devotion and dedication to Him.

Loyalty in all relationships is a joy to behold, but no loyalty is greater than our loyalty to the Lord. Fortunately, God knows our weaknesses and will always pick us up when we stumble and will forgive us when we fail. After all, Jesus is 100% loyal to us and promised "I will never leave you and never forsake you." **Amen to that!**

## **How olive oil could help prevent dementia**

If you have more than half a teaspoon of olive oil a day, it may cut your risk of dying from dementia by 28 per cent, a recent study by Harvard University suggests.

But nobody knows quite why. Some experts say it may be that the antioxidants in olive oil can pass through the blood-brain barrier, which may have a direct effect on cognition.

One doctor explained: "Opting for olive oil, a natural product, instead of fats such as margarine and commercial mayonnaise, is a safe choice and may reduce the risk of fatal dementia."

There are estimated to be 944,000 people living with dementia in Britain, with the majority suffering from Alzheimer's. The number is expected to increase to more than one million by 2030, with one in three people born in the UK this year expected to develop dementia in their lifetime.

The condition costs the country £34.7 billion annually and is now the leading cause of death. Sadly, there are currently no licensed drugs that can slow down or repair brain damage.





## As Halloween approaches...

Have you ever wondered what a Christian is to make of the unseen world of evil and the occult? Where do evil spirits come from, anyway?

The Bible takes the unseen world of evil spirits very seriously indeed. It tells us clearly that evil spirits were once part of the created angelic order (Genesis 6). They were not created as evil beings, for all of God's original creation was good (Genesis 3:1). The Bible relates how a number of angels, headed by Satan, or Lucifer, rebelled against God's authority and fell (Isaiah 14:12-15; Ezekiel 28:11-19).

Satan, who disguised himself as the serpent in Eden, is leader of the fallen angels, and opposes himself to God. But evil and good are not co-equal! Thus, the idea of 'dualism' (belief in the equal and permanent existence of evil alongside the good) has no place in the Bible. Unlike goodness, evil has a beginning and an end. Satan's final destruction is already assured (Revelation 12:12; 20:10).

So, what is the world of the occult, then? The word 'occult' comes from the Latin: *occultus*, 'secret', 'hidden', and is our intrusion into the forbidden territory of superstition, fortune telling, magic and spiritism. Its downfall one day is promised us through Jesus. His early ministry established a bridgehead against the evil unseen world: no wonder the hostile, and sometimes violent, reaction of the demons! (Mark 1:23-27; 32-34).

But Jesus had no fear of demons, and neither should you, if you are a Christian. Further, it is important not to become obsessed with the unseen world – don't let it intimidate or fascinate you. Occult films can have deeply disturbing after-effects on people. Avoid them. A Christian has better things to think about.

While the occult world is certainly there, we are wise not to imagine, as some do, that every sin we commit, every bad habit, illness or misfortune we meet is due directly to an attack on us by Satan himself, and that therefore we need to be 'exorcised'. Terrible damage has been done in this regard by Christians who mean well but who are uninformed.

The kingdom of spirits is real, but so too is Christ's authority. Before Christ, the spirits shrink and retreat. Magic spells and charms have no power over the true Christian (provided we do not open ourselves to their influence) for "the One who is in you is greater than the one who is in the world." (1 John 4:4)

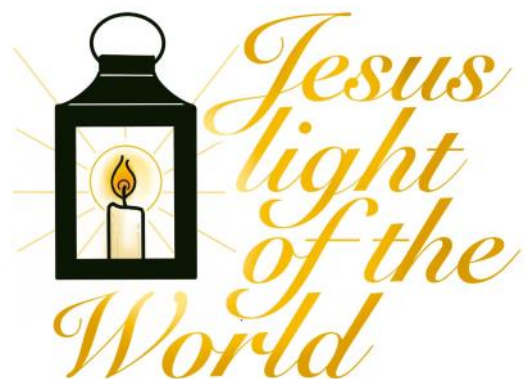
If ever you are frightened by anything occult, remember some sound biblical advice: resist the devil, and he will flee from you. (James 4:7). But remember, a Christian has no business dealing in anything occult. All occultism is to be ruthlessly shunned (eg Leviticus 19:31;20:6; 1 Samuel 28; 1 Chronicles 10:13; Isaiah 8:19,20; Acts 19:18-20.)

The demonic world is very real, very powerful, but it is also already doomed and defeated. (Colossians 2:15; Hebrews 2:14,15). Why? Because the death of Jesus Christ has achieved this victory.

So – be confident in Christ, but not complacent in your everyday life. Satan's kingdom is alive and well in this present world, and it will still not admit its defeat at the Cross.

The final destruction of all things occult will not come until the return of Christ.

**"Light Party " - Saturday 9th November  
Everyone is Welcome!!**



## **30<sup>th</sup> October      Alphonsus Rodriguez, losing everything he valued**

If you have done your best to live 'right', and still had nothing but trouble and heartache in your life, Alphonsus is the saint for you. He was born in 1533, the son of a wool merchant in Segovia. He followed his father into the profession, married, and had two children. He was a responsible person. Then – his wife died, his children died, and the business failed. By the time he was 38, Alphonsus had lost everything – through no fault of his own. In 1571 he entered the Jesuit order, and was sent to the college of Montesione (Majorca). They decreed he should be a hall porter – and so he was, for the rest of his life.

We can only surmise the grief, despair and anger that Alphonsus must have struggled with at times. All we know is that at some point, he discovered he was still able to salvage something from the wreck of his life. For the surviving accounts of Alphonsus describe him as a prayerful, self-sacrificing, obedient man. Indeed, his character was so remarkable that it bore fruit more widely than he could ever have imagined, and down the years many sought out that hall porter for counselling over the heartbreaks of their own lives. God honoured Alphonsus' faith in Him, and the famous poet Gerard Manley Hopkins, centuries later, wrote a poem in which he praises Alphonsus as an example of holiness realised in and through the duties of an unspectacular, humdrum life.

## **1<sup>st</sup> October      Remigius, praying for ill children**

If you've ever prayed for the ill children of non-Christian friends, then you are following in the steps of Remigius (d.533).

Remigius was bishop of Reims late in the 5th century, and the king's son was ill. The queen, Clotild, was a Christian, but the king of the Franks, Clovis I, was not. Then Remigius prayed for their ailing son, and he was healed. The king was so overwhelmed with gratitude that he decided to acknowledge and honour the Christian God.

In his enthusiasm King Clovis seems to have turned his royal household into something akin to the aftermath of a Billy Graham rally/Alpha course, for he commanded that all 3,000 members of the royal household and followers become Christians at once, and that they all be baptised.

Under the protection of King Clovis, Remigius carried on preaching the Gospel throughout the Frankish kingdom. He did some extensive church-planting - founding bishoprics and churches - and was greatly loved by the people up to his death in Reims in 533.

## **4<sup>th</sup> October      St Francis and the Life of Simplicity**

Just about the only thing most people know about Francis of Assisi is that he talked to the birds. Church-goers also know the popular hymn based on his famous prayer, 'Make me a channel of your Peace', which was sung at the funeral of Princess Diana.

However, Italy's patron saint, whose feast day is this month (the 4<sup>th</sup>) was a more complex, and some would say controversial character. His life spanned the end of the 12<sup>th</sup> and beginning of the 13<sup>th</sup> centuries. He was born into a very wealthy family, but after what he called his 'conversion' standing before a crucifix. He renounced all his possessions. In fact, he stripped himself of his of his wealthy garments in a public square in his hometown, Assisi. For the rest of his life he and his followers, including his feminine counterpart. St Claire longed, prayed and worked for a life of simplicity – a lifestyle without luxury or privileges. For the Franciscan brothers and the Poor Claires. This meant no private possessions at all. Francis saw that many poor people without these things, actually seemed to live happier and more fulfilling lives than the ambitious rich. He spoke of a simple life not shaped by money or power but by love and mutual concern. As his hymn says, 'it is in giving of ourselves that we receive'.

Of course, poverty; in our modern western world is seldom a matter of blissful simplicity, as present-day Franciscans recognise. For too many it is a matter of poor diet, over-crowded rooms, rough sleeping and unemployment. The call of today's followers of Francis and Claire is that those who are better-off should 'live more simply, so that others can simply live'. Christians follow a Master who said that He came with 'good news for the poor'. They believe that many of us today can be that good news.



## 11th October James the Deacon

James the Deacon is the saint for any lay person who has stepped in to lead their church when the clergy are far away.

In fact, an historian has called James the Deacon 'the one heroic figure' in the Roman mission to Northumbria. No wonder – in a time of political chaos, with the king murdered and even the bishop fleeing for safety, James the Deacon stood firm.

It had begun when Pope Gregory the Great sent Paulinus, Bishop of York, to take Roman Christianity to Northumbria. James the Deacon, almost certainly an Italian, was among those who went with Paulinus.

The mission began well, and Edwin the king of Northumbria was converted. Roman Christianity in Northumbria took root and began to grow. But then in 633 Edwin fell in battle with Penda, the ruthless pagan king of Mercia. A pagan backlash began. The queen and her son fled for Kent, with the bishop Paulinus going south with them.

All that was left of Roman Christianity in Northumbria was James, now a solitary deacon.

But James was made of stern stuff, and despite the danger from Penda, James stayed on at a village near Catterick, often risking his life as he cared for the Christians and continued to preach the gospel.

His success was discovered when the Northumbrian mission returned five to ten years later and found an active Christian community still in Northumbria. James had been a faithful servant.

After Penda died, and Christian rule was re-established in Northumbria, James turned to teaching music, especially Gregorian Chant, to the fledgling churches in the region. Bede praised him for his honour and integrity. James was present at the Synod of Whitby in 664, which met to discuss the differences between the Celtic Northumbrian Church of the North, and the Roman Church of the South.

When James died sometime after 671, he was deeply mourned by the ordinary Christians of Northumbria, both Celtic and Roman. He had never deserted them.

## 12<sup>th</sup> October Elizabeth Fry, prison reformer

Elizabeth Fry had endless compassion and endless energy – and together with a steadfast determination to do God's work, this outstanding philanthropist became one of the foremost promoters of prison reform – not just in Britain, but in all of Europe.

Elizabeth was born in 1780, far from any prison. The family lived in Norwich, where her father was a wealthy Quaker banker and merchant. In 1800 she married a London merchant, Joseph Fry. Elizabeth could have spent her life safely at home, raising her many children. But instead, she felt compelled to help the desperate social needs of the time.

There was a good reason for this. Back in 1798, when she had been attending a Quaker meeting in Norwich, someone had spoken what Elizabeth felt was a prophetic word for her life. As she noted in her diary at the time:

'Deborah Darby then spoke... she addressed part of it to me; I only fear she says too much of what I am to be. A light to the blind; speech to the dumb; and feet to the lame; can it be? She seems as if she thought I was to be a minister of Christ. Can I ever be one? If I am obedient, I believe I shall.'

And she was.

Elizabeth was accepted as a Quaker 'minister', and her good works in London began.

But it was not until one day in 1813, when she visited Newgate Prison in London, that Elizabeth's life changed forever. That day she witnessed such horrors of the circumstances in which women and children were kept, that she knew she had found the focus for her life's work.

Soon her daily visits to the prison, where she read the Bible and taught the women to sew, grew into a campaign to achieve basic rights for the women prisoners. She fought for the classification of criminals, the segregation of the sexes, female supervision of women, and some provision for education.

In 1820 Elizabeth tackled the huge problem of destitution in London. She opened a 'Nightly Shelter for the Homeless in London', which became the first of many. She founded a society to help released prisoners with rehabilitation. And she was certainly a 'hands-on' sort of lady; it was said that for the next 20 years she personally inspected every single ship containing women convicts before it sailed to Australia.

## Is now a good time to grow old? *By the Revd Peter Crumpler*

“Don’t grow old,” a parishioner of advanced years warned me some while back. “You won’t like it.”

Sadly, that dear woman is no longer with us, and I’m a whole lot older than when she offered me that kind advice. But was there wisdom in her words?

It’s true that generally people are living longer and in better health than in generations before, but there are increasing challenges for older men and women in our society.

My friend, Maggie Dodd is an ‘Anna Chaplain’ for older people. She is one of around 300 such chaplains up and down the country. They spiritually support people – of strong, little or no faith – in care homes, sheltered housing or in their own homes.

Maggie has told me how life is becoming harder for older people, and we’ve swapped notes on what we have both observed.

She told me: “Some of the basic services older people need are becoming more difficult to access. I hear about doctor’s surgeries asking for patients to print out their own forms or send photos to or from smartphones. Banks are phasing out high street branches, pushing everyone towards online banking. Many older people feel very uneasy about going online, worried of being scammed out of their savings.

“A trip to the shops is also becoming more complicated. Checkouts in supermarkets are increasingly self-service. Mobility can also be affected as car parks often need an app to be uploaded onto a smartphone to park. In many car parks there is no option to pay by card or cash!”

Plans to remove the ticket offices at train stations will make matters worse for many older would-be rail travellers.

Maggie told me “This gradual marginalisation of people can leave them feeling lonely and isolated. Loneliness can have a huge detrimental effect on health and wellbeing. Prolonged social isolation and loneliness are the equivalent of smoking 15 cigarettes a day.”

It’s good that many churches run special events and activities for older people, as well as groups for all ages. But is this enough? Christians are called to follow Christ’s example and speak out for at risk of being marginalised in our society.

Today, that could be our older brothers and sisters.

**24<sup>th</sup> October**

**Felix of Thibiuca, the man who would not give up his Bible**

Do you value your Bible? If so, Felix of Thibiuca (247 – 303) is a good patron saint for you. The year was 303, and Diocletian was emperor in Rome. In February of that year he decided that Christians were NOT a good thing. So, he issued an edict: all copies of the Christian Scriptures and all liturgical books were to be surrendered and burnt. Diocletian had decided to ‘wind up’ this upstart religion.

The persecution began in Rome. By June of that year, the edict had reached North Africa, and Thibiuca, where Felix was bishop. Felix was arrested and interrogated. Yes, he said, he did have a copy of the Scriptures. No, he said, he would not hand them over.

Felix was a highly respected bishop, and even the authorities were loath to take immediate action against him. So, they gave him three days grace to see sense, and back down. But Felix prayed and became only more certain that this was a conflict between the commandments of God and the commandments of men.

At the end of the three days Felix was referred to the proconsul. He still refused to hand over his Scriptures. His last words in public were memorable “God, I thank you. I have passed 56 years in this world. I have preserved my chastity; I have observed the Gospels; I have preached the faith and the truth. Lord God of heaven and earth, Jesus Christ, I bend my neck as a sacrifice for you, who abides for ever.” He was condemned to be beheaded at Carthage, and so became one of the first martyrs to die under Diocletian.



## Go Green

A new pilot scheme from the Church of England is helping churches double their money for carbon-cutting projects.

*Give To Go Green* is a match-funding pilot project from the Church of England's Net Zero Programme, working with churches to double locally raised donations, to help pay for carbon reducing projects.

The scheme was first piloted over a six-week period earlier this year in the Dioceses of Leeds and Exeter and helped 27 churches raise £162,155 for small scale net zero projects.

£140,113 was awarded in addition from Net Zero Programme match funding on offer. More significantly, 70 per cent of the churches raised more than their target amount, some by 200 per cent.

The scheme has since been expanded into a second pilot – with fundraising due to start in September in the Dioceses of Chester, Derby, Exeter, Leeds, Sodor and Man, Southwark, St Edmundsbury and Ipswich and Winchester.

Through a targeted digital fundraising campaign, churches can raise up to £10,000 to fund small 'quick win' projects such as LED light installations, insulation or a new heating control system.

This will then be matched in funds by the *Give to Go Green* scheme made available by the Church of England's Net Zero Programme.

## Persecution continues in Russia

In Russia, an outspoken Christian preacher is facing trial for posting a question on social media. And in occupied Ukraine, a Christian woman could be jailed for up to ten years for remarks made in a prayer meeting.

'Both cases reflect the rising persecution of Christians in Russia and in Russian-occupied Ukraine,' says Paul Robinson, the CEO of Release International, which supports persecuted Christians around the world.

'Christian leaders have been tortured, disappeared, and murdered for taking a Christian stand, in what looks worryingly like a return to the bad old days of Christian persecution under the Soviet Union.'

Eduard Charov, a Russian preacher with Orthodox and Pentecostal roots, posted online the question: 'Would Jesus Christ have gone to kill in Ukraine?'

He is set to stand trial on charges of discrediting the Russian armed forces and is expecting a prison term. In the meantime, he has been forbidden from leaving his home district or from using

A chicken and a pig were walking by a church where a gala charity event was taking place.

Getting caught up in the spirit of the fun, the chicken suggested to the pig that they each contribute to the meal. "Let's offer them ham and eggs!"

"Not so fast," said the pig. "For you, that's a contribution. For me, it's a total commitment."

# Promoting a safer church

*The care and protection of children, young people and adults involved in Church activities is the responsibility of everyone who participates in the life of the Church*

**House of Bishops Safeguarding Policy for children, young people & adults**

## IF YOU ARE CONCERNED

*that someone you know is at risk of, or is being abused, or presents a risk to others, please seek advice from a Safeguarding Adviser or if necessary report the matter to the Local Authority Social Care Services or the Police without delay.*

Local contacts available to speak to if you have any concerns:

Name: Kaye Larbi  
 Role: Safeguarding Officer  
 Tel: 07847 324955  
 E-mail: psr@holytrinitybarkingside.org.uk



Name: Chris Szejnmann  
 Role: Vicar, Holy Trinity  
 Tel: 07804 641931  
 E-mail: priest@holytrinitybarkingside.org.uk



Name: Danielle Law  
 Role: Diocesan Safeguarding Adviser  
 Tel: 01245 29 44 44  
 E-mail: dlaw@chelmsford.anglican.org

### Local Authority Social Services:

Children's Social Care: 020 8708 3885  
 Emergency Duty Team: 020 8708 5897

**IF THERE IS IMMEDIATE RISK OR DANGER PLEASE CONTACT THE POLICE ON 999.**

## OUR COMMITMENTS

- Promoting a safer environment and culture
- Safely recruiting and supporting all those with any responsibility related to children and vulnerable adults
- Responding promptly to every safeguarding concern or allegation
- Caring pastorally for victims/survivors of abuse or other affected persons
- Caring pastorally for those who are the subject of concerns/allegations of abuse and other affected persons
- Responding to those that may pose a present risk.

## HELPLINES

- NSPCC: 0808 800 5000
- Childline: 0800 1111
- Stop It Now: 0808 1000 900
- NAPAC: 0808 801 0331
- Samaritans: 116 123
- Family Lives: 0808 800 2222
- National Domestic Abuse Helpline: 0808 2000 247
- Men's Advice Line: 0808 8010 327
- National Careline: 0800 0699 784



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ILFORD 163A Longwood Gardens, Clayhall, Ilford, London IG5 0EG  
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**PROBUS Men's Lunch Club**

If you would like to join us for a leisurely lunch with good conversation amongst like-minded men, then perhaps you should try the **Ilford Probus Men's Probus Branch**.

We meet at Luigi's on the 1st Friday each month.

After our 3 Course Lunch we have a guest speaker to 'stimulate the grey cells' and provide an interesting talk.

Our wives / sweethearts also meet up in another dining room, and there they can (I am sure) have a natter about "us".

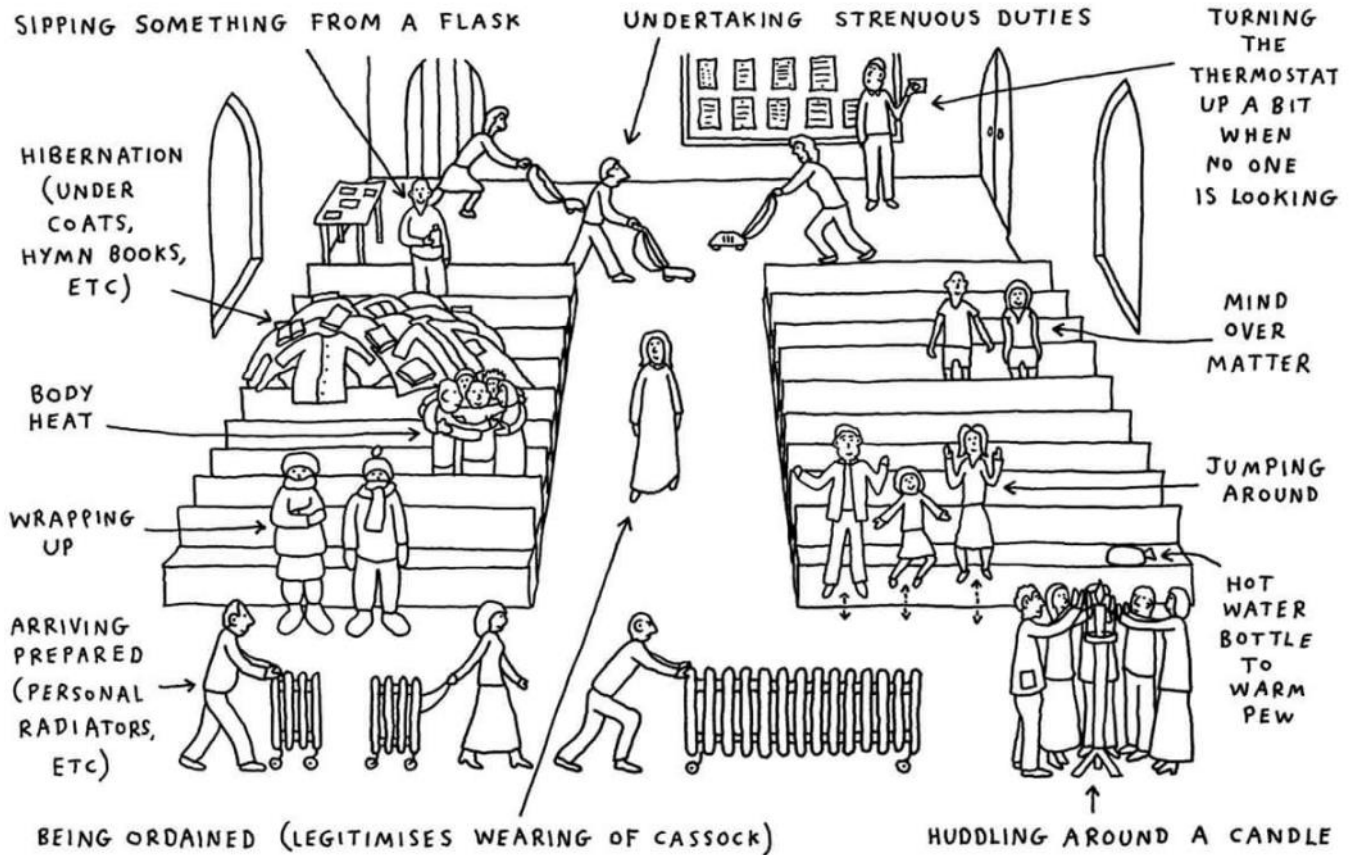
If this interests you, please contact us via Andrew Gillian, Stephen Gilson or Chris Stoneham.

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# WAYS TO KEEP WARM

IN CASE THERE IS ONE YOU HAVEN'T TRIED



CartoonChurch.com

## CHURCH HEATING

**As the weather gets colder, high Gas bills will again be a problem for us this winter.**

**Please try to wear warmer clothes when the weather is cold. It is OK to keep your outdoor coats and jackets on in Church!!**

**We will try to warm the church up to 60°F (15°C). During the week we will have our smaller meetings in the choir vestry, which we will warm with electric heaters. Thanks. Chris (Churchwarden)**

**ACROSS:** 1, Deacon; 4, Appear; 7, Wits; 8, Heavenly; 9, Argument; 13, Mob; 16, Broken-hearted; 17, Ran; 19, Sudden; 24, Obstacle; 25, John; 26, Enable; 27, Market.  
**DOWN:** 1, Dawn; 2, Afternoon; 3, Nehum; 4, Again; 5, Prey; 6, All to; 10, Users; 11, Ephod; 12, Trace; 13, Metalwork; 14, Body; 15, Eber; 18, Alban; 20, Uncle; 21, Dream; 22, Stab; 23, Gnat.







## Longwood Foot Clinic



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IG6 1LU



*Tel:- 020 8220 7157*

*Email:- jacurran@ntlworld.com*

## Where do postcodes come from?

*Tim Lenton considers the origin of postcodes*

Some 65 years ago, on 11<sup>th</sup> October 1959, Britain began introducing postcodes. They started in Norwich, and by 1974 had been rolled out across the whole country.

The idea was to speed up sorting following the mechanisation of the postal system. But for the process to work, people had to use it, and it was therefore important to make sure that people could remember their postcode easily. So, psychologists from Cambridge University were asked to assist in their design.

This worked so well that a survey in 2016 revealed that people are now more likely to remember their postcode than their debit card PIN (92%, compared with 77%). And the information sticks: apparently 17% of people questioned could still remember the postcode of the house they lived in up to 30 years earlier.

When the first postcodes were trialed in Norwich, the first three characters were NOR (now NR followed by a number) representing the name of the city, and the last three signified a particular street or large business. Why Norwich? Because of its new sorting machines.

The main point of a postcode is to ensure that a letter or parcel gets to the correct Royal Mail sorting office, where it can then be sorted into the correct round. So the “outcode” will specify a postcode area and district, and will have up to four characters. The “incode” designates a particular postcode sector and delivery point, and always has one number and two letters.

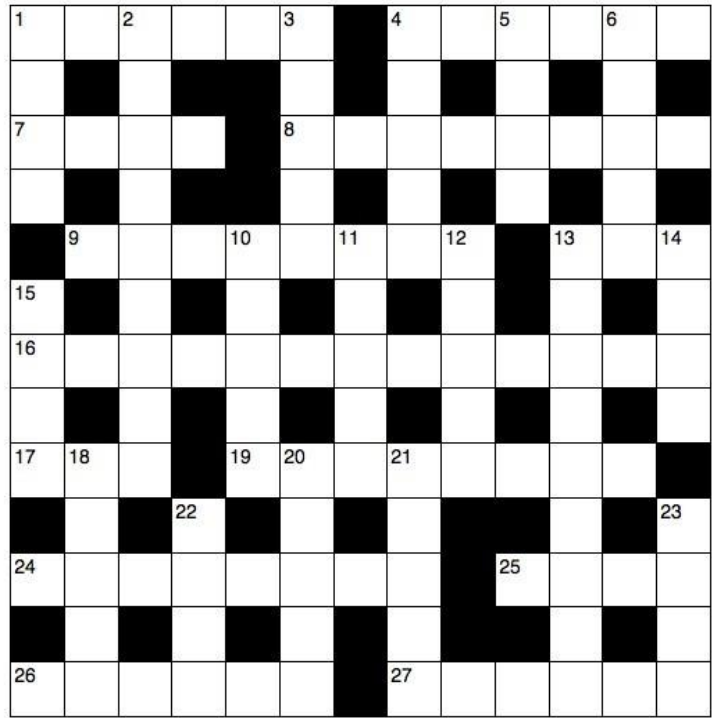
What is a delivery point? It could be a street, part of a street or a single property. Or in rural areas, something a bit bigger. The postcode area is of course much larger: the smallest in Britain is WC in London, covering one square mile. The largest is IV, Inverness, at 6,243 square miles.



## OCTOBER CROSSWORD

### Across

- 1 He must be 'the husband of but one wife and must manage his children and his household well' (1 Timothy 3:12) (6)  
 4 'For we must all — before the judgement seat of Christ' (2 Corinthians 5:10) (6)  
 7 'They reeled and staggered like drunken men; they were at their — end' (Psalm 107:27) (4)  
 8 See 19 Across  
 9 It concerned who among the disciples would be the greatest (Luke 9:46) (8)  
 13 Formed by the Jews in Thessalonica to root out Paul and Silas (Acts 17:5) (3)  
 16 'He has sent me to bind up the — ' (Isaiah 61:1) (6-7)  
 17 Moved rapidly on foot (Matthew 28:8) (3)  
 19 and 8 ' — a great company of the — host appeared with the angel' (Luke 2:13) (8,8)  
 24 Hindrance (Romans 14:13) (8)  
 25 Comes between Luke and Acts (4)  
 26 Empower (Acts 4:29) (6)  
 27 'Get these out of here! How dare you turn my Father's house into a — !' (John 2:16) (6)



### Down

- 1 Sunrise (Psalm 119:147) (4)  
 2 The part of the day when Cornelius the Caesarean centurion had a vision of an angel of God (Acts 10:3) (9)  
 3 He was one of those who returned with Zerubbabel from exile in Babylon to Jerusalem (Nehemiah 7:7) (5)  
 4 'No one can see the kingdom of God unless he is born — ' (John 3:3) (5)  
 5 Animal hunted or killed as food (Ezekiel 22:25) (4)  
 6 'He encouraged them — — remain true to the Lord' (Acts 11:23) (3,2)  
 10 Ruses (anag.) (5)  
 11 Jewish priestly vestment (Exodus 28:6) (5)  
 12 Visible sign of what had been there (Daniel 2:35) (5)  
 13 This was the trade of Alexander, who did Paul 'a great deal of harm' (2 Timothy 4:14) (9)  
 14 'This is my — , which is for you; do this in remembrance of me' (1 Corinthians 11:24) (4)  
 15 One of Noah's great-great-grandsons (Genesis 10:24) (4)  
 18 Traditionally the first British Christian martyr (5)  
 20 Relationship of Ner to Saul (1 Samuel 14:50) (5)  
 21 Jacob had one at a place he named Bethel while on his way to Haran, fleeing from Esau (Genesis 28:12) (5)  
 22 Bats (anag.) (4) 23 'You strain out a — but swallow a camel' (Matthew 23:24) (4)

Answers are somewhere else...

## Right resting place

The new vicar was a bit of an efficiency expert, whose obsession was to move around the hymnbooks, the notice-sheets, the magazines, the guides, and most of the other portable things in his church, in search of the perfect place. From porch to display stand to table to vestry to side chapel – round and round various things went, week by week.

After several months, a visitor approached a harassed churchwarden before church one morning, and asked if he could tell her where the copies of the church guides were kept.

"No, I'm sorry," he said wearily. "But if you just stand here a while, I'm sure you'll see them go by!"

## Visiting the sick

The vicar had been summoned to the bedside of a local Baptist woman who was quite ill. As he went up the walk, he met the little daughter and said, "I'm very glad your mother remembered me in her illness. Is your Baptist minister out of town?"

"No," answered the child. "He's at home, but we thought it might be something contagious, and we didn't want to expose him to it."

## Passwords

An elderly vicar got a call from a scammer who said, "I've got all of your passwords." The vicar replied: "Excellent! What are they? Just wait while I grab a pen."

The Rectory  
St James the Least

## My dear Nephew Darren On the perils of Harvest



In the unlikely event of ever being put in charge of designing the course for those being trained for ordination, I would make a few significant changes. Modules on doctrine, Church history and Greek would all be dropped as unnecessary. In their place, I would add courses on how to run a tight jumble sale, ways to keep your church council in order – and especially close to my heart at present, how to negotiate Harvest.

The first skirmish starts in early Summer when it becomes clear that the flower arrangers' plans mean that the choir would disappear behind a huge array of chrysanthemums. The choir then retaliate by announcing that their Harvest anthem must take place just when the Sunday School intended to re-enact the parable of the Good Samaritan. They, in turn, raise the stakes by insisting that a stage will be needed for their performance, thus ensuring that I will be separated from the congregation by an impenetrable barricade.

In September, therefore, there is the traditional meeting to iron out all these little difficulties. This inevitably results with the annual act of the verger handing in his resignation, of the bell ringers threatening a mass walk-out, and those who organise coffee afterwards demanding that my sermon lasts no more than three minutes, so there will be plenty of time for socialising after the Service.

I greet all suggestions with a spontaneous burst of indifference, smile, agree with it all – and do nothing (this, incidentally, is a good policy for all decision-making). Inevitably, everything goes ahead exactly as it has always done for the last century.

Come the day, there will be the usual arrangement of eggs round the font, with the strategically placed card saying 'Given anonymously by Elsie Jones' and the pyramid of apples temptingly near the choir-boys, so designed that when someone tries to pinch one during the sermon, the whole pile disintegrates as they roll all over the chancel.

On the following Friday, all will leave after the Harvest Supper saying that the entertainment was worse than the previous year and that the absence of red cabbage had quite ruined the hot pot. Everyone therefore has had an enjoyable evening.

My Harvest training course would be compulsory and a pass mark of 90% would be needed before ordination could be considered.

## God our Help

With floods and storms thus we be tossed,  
Awake, good Lord, to Thee we cry.  
Our ship is almost sunk and lost.  
Thy mercy help our misery.

Man's strength is weak; man's wit is dull:  
Man's reason's blind. These things to amend,  
Thy hand, O Lord, of might is full;  
Awake betime, and help us send.

In Thee we trust, and in no wight:  
Save us as chickens under the hen.  
Our crookedness Thou canst make right  
Glory to Thee for aye. Amen.

*Anonymous, 17<sup>th</sup> century*

## Spoken, Written, Living Word

*Gen1:3&31,3, Ps119:105, Isaiah40:8,55:11, Jn1:1*

God has spoken.

His word created everything

In the beginning.

God saw all

That He had spoken into being,

And it was very good,

His spoken world.

He spoke freedom

To the ones in His image.

But then a stumbling

And a falling

And a need for the path to be lit.

By His power.



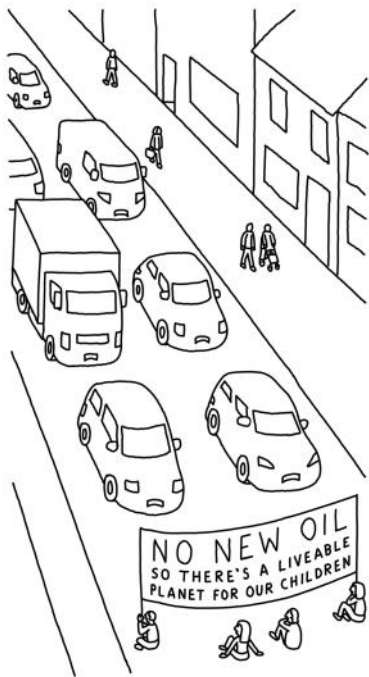


"It's either an appeal to youth culture or we can't afford to service the boiler for the Winter season"



Thanks to technology, replacing the worn-out hymn books didn't cost a penny

## CLIMATE EXTREMISTS



OR



"But, Mum, if the vicar wasn't coming here Trick-Or-Treating, why did she still take the chocolates I gave her?"



# Do you need help?



**We are here for you and want to support you.**

We would love to meet you! The church is open for private prayer, and as a welcoming space Monday, Wednesday and Friday 10am - 12noon. You are also welcome to join us at our Tuesday drop-in 9am to 1pm in the Parish Hall, or during Worship Services on Sundays 10:30am and Wednesdays 9:45am. You can also contact our Vicar Chris or the Church Office via phone or email.

There are, however, many areas where it's best if you seek professional help. Please see the **“Help” page on our church website** for useful information (also available as a print-out in church), including two important links:

- **“Directory of cost of living support”**, Redbridge Council
- **“Help in Redbridge”** website

**QR link to Holy Trinity Church website**



Holy Trinity Church, Mossford Green, Barkingside, IG6 2BX



# Who We Are

Holy Trinity Church, Mossford Green, Barkingside, IG6 2BX

We are a lively, Family friendly Church  
with a Heart for the Common Good,  
and want to make Jesus Christ known in Barkingside

## Our Services Sunday 10:30am & Wednesday 9:45am

The Church is open for Private Prayer and as a Welcoming Space Monday, Wednesday and Friday 10am - 12noon. You are Welcome to Join us at our Tuesday Drop-In 9am to 1pm in the Parish Hall

Vicar: Rev Dr Chris Szejnmann  
priest@holytrinitybarkingside.org.uk  
07804 641931



Associate Curate: Rev Kate Szejnmann  
kate.szejnmann@holytrinitybarkingside.org.uk

Churchwarden: Chris Stoneham  
chris.stoneham@holytrinitybarkingside.org.uk

Safeguarding: Kaye Larbi—07847 324955  
psr@holytrinitybarkingside.org.uk



**Tuesday-Drop In** for all in Parish Hall @ 9am-1pm alternating fortnightly on Wednesdays @ 7:30pm: **Salsa Dancing Classes for the Community** meeting new people, building relationship and having fun / **Bible Study group** — **Edge Youth Club** for all 10-14 year old Thursdays 6-8pm — **Family Fun Zone** monthly events.

We are Passionate about Welcome & Hospitality, Prayer & Worship, Family, Children & Youth, Vulnerable People & Outreach, Mothers Union, and Honoring Creation. — **Any questions? Want to get involved? Want to Hire our Parish Hall?** Please find us online or ring our Parish Office tel.: **07478 187 010.**

Facebook



Website



Together Diverse

MAKE NEW  
FRIENDS

EDGE

FUN  
ACTIVITIES AND  
WORKSHOPS

YOUTH

EAT GOOD  
FOOD

CLUB

FREE  
OF CHARGE!

Empower Grow  
Hope Joy Vision

Thursdays 6pm-8pm  
Restarting Sept 12th 2024  
Parish Hall, Mossford

Green, Barkingside, IG6 2BX  
For info or to register email  
hello@edgeyouth.co.uk

All 10-13 year olds welcome





## **FAMILY FUN ZONE**

This term has kicked off well with a community feel, at Family Fun Zone. Last Saturday we opened up the church space for the 'Crazy Craft' event.

There were 21 of us all together. The theme was 'The Planet'. Many of our creative team members provided brilliant crafts to make, eat and talk about! Several people came from outside of church: through word- of -mouth or by grabbing a flier at the library.

One of the most important parts of doing Family Fun Zone events are the 'eating around the table,' This is how we get to know each other and chat. It's beautiful to see young families engaging with each other and older adults in the mix. A real sense on 'inter-generational' family.

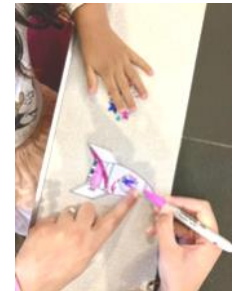
So much thanks go to our amazing team, Christine, Tricia, Lorraine, Gill, Andy, Rhiannon, Patricia, Mike, Nick and Erica.

These folk are inspired by serving God; using their gifts to bless and bring joy. Thank you.

Enjoy the photos!

PS. Are you keen to join us and serve? We would welcome you. Can you wash up, can you dance, can you use a computer well enough, do you have ideas, are you strong enough to move table and chairs, are you a prayer intercessor, do you love children and their families?

**Contact Rev Kate: 07876 318 718**



## **A CERTAIN SORT OF BRITISHNESS**

Bill Godfrey

Recently we were away on a holiday in Suffolk and, one evening, it was chilly in our digs. I put on a thicker coat. It was then that it occurred to me that there is a certain sort of Britishness that encourages us to believe we can holiday even when the summer has ended.

During our preparation for this holiday we had packed summery things, short sleeved things with perhaps a long sleeved shirt in case, unlikely as it may have seemed, there would be a cold spell. Shorts too, I will only need shorts in September, surely. Better take a decent pair of trousers as well in case we eat out.

Our destination was Woodbridge. Not the actual town of Woodbridge but somewhere on the outskirts, hopefully in the countryside we had hoped.. It was not!

It was not a perfect start to our journey along the A12. No sooner had our car wheels entered that highway when the heavens opened. It lashed with rain, window wiper going at super speed could barely cope and yet many other drivers felt capable of doing a scary 60 or 70 mph while we meandered in misty murk around mid 40s per hour. Eventually the storm passed and we continued in hopeful expectation.

Lunch in the Woodbridge Garden Centre was pleasant. Eating there is the, sort of, beginning of the holiday. Where else are we happy to queue for a sandwich and then wait for it to be delivered to the table, To give them credit it was good food. Then the walk back to the parked car but, of course, it had started to rain! We scuttled back noticing that the bikes on the back rack were soaked, leather seats saturated. But we are on holiday so everything will be fine.

Our digs, a nice house but, unfortunately, on a hill in a road heavy with traffic because of a closed road elsewhere. It was harvest time, huge tractors towing trailers of hay or straw or sugar beet were grinding up the hill. Vibration and noise were all part of the experience.

Our digs were almost opposite Sutton Hoo - famed for the discovery of an ancient, valuable helmet worn by the ancient local king.

# Send your Love in a Box this Christmas

Alternatively, if you do not have time to put together a shoebox for our annual appeal, our new initiative, "Christmas Gifts from the Heart" are available from our online shop.

Or you can place an order by calling 01904 460066. From educational books and toiletry packs to a family size Christmas hamper, we have a selection of gifts starting from £5.

## Child Gifts

£5 = Educational Workbooks



£10 = Children's Hygiene Pack



£10 = Hat, Scarf and Glove Set



£15 = Christmas Eve Pack



£20 = Christmas Toy



£40 = Winter Coat and Boots



## Adult Gifts

£10 = Men's Toiletry Pack



£60 = Adult Winter Coat and Boots



£12.50 = Women's Toiletry Pack



## Family / Community Gifts

£30 = Small Family Dinner Hamper



£40 = Medium Family Dinner Hamper



£50 = Large Family Dinner Hamper



## STEWARDSHIP & SUPPORT

*At a time of the cost of living crisis it is particularly important that we look after those in need, and that we are generous with what we have – so that those who have enough, share with all.*

### Giving

The Bible tells us to give sacrificially. We need your support not only to cover the running costs of our Parish Church and halls but also to contribute to the life and work of the church in many different ways, in particular, to support our mission and outreach projects. "Giving" is really essential to secure our Church's future ability to serve our family and community. However, we are aware that circumstances differ enormously, and that your gift will not simply reflect your willingness to give but also your ability.

### Ways to Give

By far the best way to give is via the Parish Giving scheme regularly every month – and we believe that in giving to others we should give in proportion to what we receive, i.e. in proportion to our income. Some tithe at 10 percent, others give 5 percent or 1 percent. If you would like details on how to set up a regular donation, please ask us in church or contact the Parish Office.

### Other ways you can Give

- A one-off or recurring gift to Holy Trinity Barkingside PCC (Charity number 1128271);
- A regular collection is taken at all Sunday services;
- A gift via a CAF Charity Account or Stewardship / Charity Gift voucher (payable to Holy Trinity Barkingside PCC);
- You may also like to consider making a bequest to (Charity number 1128271) in your will (see: [www.churchlegacy.org.uk](http://www.churchlegacy.org.uk)). Please ask your solicitor when you make or change your will.

### Tax Efficient Giving

If you pay enough UK income tax and/or capital gains tax to cover the amount of tax Holy Trinity can reclaim, we can use Gift Aid to make your donation worth even more. For every pound you give to Holy Trinity, we can claim back tax from HMRC – it really is that simple. Please ask for details.

### Finally ...

We recognize that all this can be very challenging. Please be assured we are grateful for and careful with every donation made to the Church, mindful of our duty to use your gifts wisely to grow the presence of God and the Church in our local Community

## Spare room feeling a little empty?

Do you miss conversations after school around the dinner table? Miss helping with homework and seeing that lightbulb moment when they understand something they have been struggling with? And although you repeated yourself hundreds of times to tidy things away, are you now, ever so slightly, missing the mess?

Bring conversation, laughter and love into your life and provide a safe, stable and nurturing environment for our most vulnerable babies, children and young people that they can call home.

If you are considering fostering and would like to know more, please visit our website on [https://www.redbridge.gov.uk/adult-and-childrens-services/fostering/?utm\\_source=FaithGroup&utm\\_medium=newsletter&utm\\_campaign=fostering](https://www.redbridge.gov.uk/adult-and-childrens-services/fostering/?utm_source=FaithGroup&utm_medium=newsletter&utm_campaign=fostering) or call 020 8708 6068 or email [fostering@redbridge.gov.uk](mailto:fostering@redbridge.gov.uk).



## Love in a Box



Please remember to include £2.00, which makes it possible to transport and deliver your personal gift of love

Please call 01904 460066, or email [adminyork@childrenindistress.org.uk](mailto:adminyork@childrenindistress.org.uk)

To cure, sometimes; To help, often; To comfort, always.

## CHILDREN IN DISTRESS

**We will again be sending Shoeboxes to Young Children and Elderly people who need to know that we care.**

**Please start collecting items and shoeboxes.**

**Leaflets available at Church and at the Tuesday Drop In.**

**PARISH OFFICE** (in Church)

– normally open: Mon, Wed, Fri 10 am – 12 noon

e-mail [parishoffice@holytrinitybarkingside.org.uk](mailto:parishoffice@holytrinitybarkingside.org.uk) or phone **07478 187 010**

**VICAR:**

**Rev Dr Chris Szejnmann - 07804 641 931**

The Vicarage, 36 Mossford Green, IG6 2BJ  
[priest@holytrinitybarkingside.org.uk](mailto:priest@holytrinitybarkingside.org.uk)

**Associate Curate Rev Kate Szejnmann**  
[kate.szejnmann@holytrinitybarkingside.org.uk](mailto:kate.szejnmann@holytrinitybarkingside.org.uk)

**Churchwardens:**  
**Chris Stoneham**, 07828 885 439 / 020 8270 5742  
[chris.stoneham@holytrinitybarkingside.org.uk](mailto:chris.stoneham@holytrinitybarkingside.org.uk)

**Deputy Wardens:**  
Maxine Paul

**Parish Safeguarding Officer:**  
[psr@holytrinitybarkingside.org.uk](mailto:psr@holytrinitybarkingside.org.uk)  
Kaye Larbi 020 8491 8178

**Church Treasurers:**

**Mike Priestman & Andrew Gillian**  
[mike.priestman@holytrinitybarkingside.org.uk](mailto:mike.priestman@holytrinitybarkingside.org.uk)  
[accounts@holytrinitybarkingside.org.uk](mailto:accounts@holytrinitybarkingside.org.uk)

**Sacristan / Verger:**

(& Organist) Mary Fabb - 020 8550 9694

**Magazine:**

[parishmagazine@holytrinitybarkingside.org.uk](mailto:parishmagazine@holytrinitybarkingside.org.uk)

**Mothers' Union:**

[mothersunion@holytrinitybarkingside.org.uk](mailto:mothersunion@holytrinitybarkingside.org.uk)

**Music Group:**

[musicgroup@holytrinitybarkingside.org.uk](mailto:musicgroup@holytrinitybarkingside.org.uk)

## **PARISH DIARY**

**Every Tuesday 9am - 1pm 'Tuesday Morning Drop In'**  
Parish Hall (continuing weekly).

**6th Oct Sun - Harvest Festival Service** - Bring Gifts for the Foodbank  
Parish Lunch 12 noon.

**12 Oct Sat - Guides' BARN DANCE** - Fill in form at back of Church.

**13 Oct Homeless Sunday**

**20 Oct Sun - Baptism of Amelia**

**27 Oct Sun- Racial Justice Sunday. Clocks go back 1 hour**

**3 Nov Sun - All Saints Day**

**4 Nov Mon - 7 pm The Licensing of Rev Kate Szejnmann**  
by Bishop Lynne and the Archdeacon Mike Power

**9 Nov Sat - 5 - 7pm. "Light Party"** - Parish Hall & Vicarage Garden..  
*Games! Eats! Fireworks! All Welcome!!!*

**10 Nov Remembrance Sunday**

**24 Nov 'Christ The King' Sunday**

